

COMPETING EDSTART

Year 3 - Intro to Invasion Games Basketball & Football - Unit of Work

Pupils will be taught...

Overall Learning Outcomes (Endpoints)

Children can:

- Chest pass the ball to a partner over a variety of distances
- Use the 'pivot' in both directions
- Know how to stand and hold the ball before shooting
- Pass, dribble and shoot with control in a variety of games
- Understand the ABCs of shooting (Angle, Balance, Contact)
- Play small games following the rules provided
- Put into practice the techniques shown

Learning Objective

Learning Outcomes

1 To introduce the chest pass in basketball

Children can:

- Know the technique for passing the ball from their chest to a partner
- Chest pass the ball to a partner over a variety of distances
- Cushion the ball into their chest when catching

2 To introduce the 'pivot' in basketball

Children can:

- Understand what the 'pivot' is
- Use the 'pivot' in both directions
- Understand the rules and know how to start and restart the game
- Pass, dribble and shoot with control in a variety of games

3 To introduce the technique of shooting in basketball

Children can:

- Know how to stand and hold the ball before shooting
- Understand what a 'set shot' is
- Understand the acronym of BEEF (Balance, Elbow under the ball, Eyes on the target, Follow through)

4 To introduce the technique of shooting in football

Children can:

- Know how to stand and approach the ball to shoot correctly
- Understand the ABCs of shooting (Angle, Balance, Contact)
- Understand how to hit the ball, and where to aim

5 To introduce the role of the defender in football

Children can:

- Know how to stand when defending
- Close the attacker and try to win the ball
- Attempt to win the ball when the opportunity arises

6 To play 3v3 football games using the techniques shown throughout

Children can:

- Play small games following the rules provided
- Put into practice the techniques shown
- Understand when and where certain techniques need to be used - dribble, pass or shoot?

Assessment Mark

Requirements

Working Towards

- Understand basic rules
- Retain key information
- Use fundamental movements (Jog, jump, hop, balance, skip, side to side, change of direction)

On Target

- Can perform some passes (Unopposed)
- Can dribble/run with a ball confidently using the correct techniques (Unopposed)
- Use correct technique when aiming at a target (Unopposed)
- Can consistently receive and control a ball (Unopposed)

Above Target

- Can perform a range of passes against a defender
- Can dribble/run with a ball confidently against a defender
- Use correct technique when aiming at a target against a defender
- Can consistently receive and control a ball against a defender
- Can demonstrate an understanding of spatial awareness

Excelling

- Competes/demonstrates an ability to compete at an elite level
- Demonstrates leadership qualities
- Effectively apply some elements of strategy and tactics
- Consistently demonstrate an understanding of spatial awareness

To be **ON TARGET**, pupils must achieve all bullet points from **WORKING TOWARDS** and at least 3 bullet points from **ON TARGET**.

To be working **ABOVE TARGET**, pupils must achieve all points from **WORKING TOWARDS** and **ON TARGET** as well as at least 3 bullet points from **ABOVE TARGET**.

To achieve **EXCELLING**, pupils must achieve all bullet points from **WORKING TOWARDS**, **ON TARGET** and **ABOVE TARGET** as well as at least 3 bullet points from **EXCELLING**.