

COMPETING EDSTART

Year 3 - Intro to Invasion Games Hockey & Tag Rugby - Unit of Work

Pupils will be taught...

Overall Learning Outcomes (Endpoints)

Children can:

- Travel at varied speeds with the ball under control
- Control the ball whilst on the move and pass towards a partner without stopping
- Use techniques to help the team keep the ball and advance it forward
- Pass the ball accurately and with speed
- Dodge a defender when running towards the goal
- Select and use the most appropriate skills, actions needed with coordination and control
- Follow the rules of a tag game
- Understand the rules and know how to start and restart the game

Learning Objective

Learning Outcomes

- 1 To introduce the technique of dribbling at a variety of speeds whilst under control in hockey**

Children can:

- Travel at varied speeds with the ball under control
- Get used to moving their stick according to where the ball is going
- Know that they cannot use the back of their stick when dribbling with the ball

- 2 To introduce passing and controlling, both stationary and on the move in hockey**

Children can:

- Understand that they need to use the flat side of the hockey stick when controlling the ball
- Lower their stick in line with the ball
- Control the ball whilst on the move and pass towards a partner without stopping

- 3 To introduce the basic rules of hockey**

Children can:

- Understand they cannot kick the ball on purpose
- Understand they cannot use the back of their stick
- Understand they cannot lift their stick up to play the ball in the air
- Understand they cannot hit another player's stick with their own

- 4 To introduce the technique of passing of the ball accurately whilst on the move in tag rugby**

Children can:

- Select how much distance to put into a pass
- Pass the ball on the run
- Catch the ball whilst running forwards
- Understand that they must move the ball forward at the same time as passing it backwards

- 5 To introduce attacking as individuals, 2's and 3's**

Children can:

- Use the spaces on the field to attack and score
- Look to see gaps between defenders
- Know if there is no gap, they pass to a teammate

- 6 To introduce 4-a-side tag rugby games using the techniques and rules of the game**

Children can:

- Follow the rules of the game
- Identify and use tactics to help the team keep the ball and advance it forward

Assessment Mark

Requirements

Working Towards

- Understand basic rules
- Retain key information
- Use fundamental movements (Jog, jump, hop, balance, skip, side to side, change of direction)

On Target

- Can perform some passes (Unopposed)
- Can dribble/run with a ball confidently using the correct techniques (Unopposed)
- Use correct technique when aiming at a target (Unopposed)
- Can consistently receive and control a ball (Unopposed)

Above Target

- Can perform a range of passes against a defender
- Can dribble/run with a ball confidently against a defender
- Use correct technique when aiming at a target against a defender
- Can consistently receive and control a ball against a defender
- Can demonstrate an understanding of spatial awareness

Excelling

- Competes/demonstrates an ability to compete at an elite level
- Demonstrates leadership qualities
- Effectively apply some elements of strategy and tactics
- Consistently demonstrate an understanding of spatial awareness

To be **ON TARGET**, pupils must achieve all bullet points from **WORKING TOWARDS** and at least 3 bullet points from **ON TARGET**.

To be working **ABOVE TARGET**, pupils must achieve all points from **WORKING TOWARDS** and **ON TARGET** as well as at least 3 bullet points from **ABOVE TARGET**.

To achieve **EXCELLING**, pupils must achieve all bullet points from **WORKING TOWARDS**, **ON TARGET** and **ABOVE TARGET** as well as at least 3 bullet points from **EXCELLING**.