

# PLAYING

# EDSTART

## Year 2 - Intro to Net & Wall Games

### Unit of Work

Pupils will be taught...

#### Overall Learning Outcomes (Endpoints)

**Children can:**

- Hold a tennis racket correctly with one and two hands
- Keep control of a ball when on a racket, by balancing and bouncing
- Stand in the ready position and move towards the ball
- Understand that the 'volley' is played above the head
- Understand when the 'dig'/'forearm' pass is needed to be played
- Throw the ball with accuracy
- Pull the ball into your body as you catch

### Learning Objective

### Learning Outcomes

**1 To hold a tennis racket correctly and be able to balance a ball on their racket**

Children can:

- Know what hand they will mostly hold their racket in and be able to hold racket at the bottom of the grip
- Know where they need to hold their racket in relation to the body

**2 To hit a bouncing ball towards a partner**

Children can:

- Be in a balanced position when hitting the ball
- Have their racket back before the ball has bounced
- Have the strings of their racket facing their partner

**3 To introduce the ready position and be able to volley a ball from a self-feed**

Children can:

- Stand in the ready position and move towards the ball
- Have a wide base and be low to the ground
- Understand that the power for the dig comes from the legs and not the arms
- Understand when the dig/forearm pass is needed to be played

**4 To develop the ready position and be able to dig/forearm pass a ball from a self-feed**

Children can:

- Have a wide base and be low to the ground
- Understand that the power for the dig comes from the legs and not the arms
- Understand when the dig/forearm pass is needed to be played

**5 To throw a ball in dodgeball**

Children can:

- Attempt to grip the ball and throw it with some control
- Throw the ball with good technique
- Throw the ball with accuracy

**6 To develop the catching technique against faster balls**

Children can:

- Get into the 'ready position' (Knees slightly bent, feet shoulder width apart, hands out)
- Keep their eyes on the ball all the time
- Pull the ball into their body as they catch

### Assessment Mark

### Requirements

#### Working Towards

- Understand basic rules
- Retain key information
- Use fundamental movements (Jog, jump, hop, balance, skip, side to side, change of direction)

#### On Target

- Can emulate actions and movements when demonstrated by the coach/teacher
- Can hold a tennis racket correctly with one and two hands
- Can keep control of a ball when on a racket, by balancing and bouncing
- Can pick up and put down objects with ease and accuracy
- Can use basic throwing techniques
- Can sometimes catch a ball thrown at the body, tracking it with their eyes

#### Above Target

- Utilises space in order to achieve success
- Can identify changes in their own body as an effect of exercise
- Can use basic throwing techniques to hit large targets
- Can consistently catch a ball thrown at the body, tracking it with their eyes
- Children can recognise whether they need to throw or kick the ball to the target

To be **ON TARGET**, pupils must achieve all bullet points from **WORKING TOWARDS** and at least 3 bullet points from **ON TARGET**.

To be working **ABOVE TARGET**, pupils must achieve all points from **WORKING TOWARDS** and **ON TARGET** as well as at least 3 bullet points from **ABOVE TARGET**.