

COMPETING EDSTART

Year 3 - Intro to Net & Wall Games Tennis & Badminton - Unit of Work

Pupils will be taught...

Overall Learning Outcomes (Endpoints)

Children can:

- **Keep control of a ball when on a racket, by balancing and bouncing**
- **Judge the flight/bounce of the ball and meet it with their racket**
- **Play a simple forearm pass to a partner**
- **Stand in the ready position and move towards the ball**
- **Be in a good position and are able to move around freely**
- **Attempt a badminton serve with some success**
- **Keep the racket head below waist height when striking a serve**
- **Know how to keep score**
- **Know how to move on the court and take turns serving**

Learning Objective

Learning Outcomes

- 1 To introduce playing a rally with a partner using the forearm shot in tennis**

Children can:

- Meet the tennis ball in front of them, at about waist height
- Track the ball all the way from once it leaves their partners racket
- Be ready with their racket back before the ball has bounced

- 2 To introduce the underarm serve over a net in tennis**

Children can:

- Stand sideways to the intended target and hold the racket and ball together out in front
- Drop the ball onto the floor and make contact before it bounces a second time
- Move the racket in a swinging action from low to high

- 3 To introduce games of doubles tennis using the techniques shown and be able to follow the basic rules**

Children can:

- Play a modified version of the game using the techniques shown
- Understand where they need to stand to be in the best position to play the shots needed

- 4 To introduce the serving technique in badminton**

Children can:

- Attempt a badminton serve with some success
- Keep the racket head below waist height when striking a serve
- Understand where to stand and how to position their body to serve

- 5 To introduce the ready position and play small rallies with a partner**

Children can:

- Use the ready position
- Attempt a rally with a partner
- Know where they need to stand on the court and work with their partner

- 6 To introduce the rules of badminton and be able to play doubles matches**

Children can:

- Attempt to use attacking and defensive shots
- Know how to keep score
- Know how to move on the court and take turns serving

Assessment Mark

Requirements

Working Towards

- Understand basic rules
- Retain key information
- Use fundamental movements (Jog, jump, hop, balance, skip, side to side, change of direction)

On Target

- Can hold racket correctly
- Can balance a ball on the racket and move
- Can hit the ball up with the racket
- Moves in a comfortable and controlled way, with the racket
- Can hit a bouncing ball

Above Target

- Understands how to score points within a game
- Is confident when hitting a bouncing ball
- Can direct the ball in space on the court
- Uses spatial awareness to judge court positions

Excelling

- Competes/demonstrates an ability to compete at an elite level
- Demonstrates leadership qualities
- Effectively apply some elements of strategy and tactics
- Consistently demonstrate an understanding of spatial awareness

To be **ON TARGET**, pupils must achieve all bullet points from **WORKING TOWARDS** and at least 3 bullet points from **ON TARGET**.

To be working **ABOVE TARGET**, pupils must achieve all points from **WORKING TOWARDS** and **ON TARGET** as well as at least 3 bullet points from **ABOVE TARGET**.

To achieve **EXCELLING**, pupils must achieve all bullet points from **WORKING TOWARDS**, **ON TARGET** and **ABOVE TARGET** as well as at least 3 bullet points from **EXCELLING**.