

PLAYING

EDSTART

Year 3 - Intro to Net & Wall Games

Volleyball & Dodgeball - Unit of Work

Pupils will be taught...

Overall Learning Outcomes (Endpoints)

Children can:

- **Stand in the ready position and move towards the ball**
- **Use soft hands when passing the ball but will not hold the ball**
- **Understand that the power for the dig comes from the legs and not the arms**
- **Understand that the 'volley' is played above the head**
- **Understand when the 'dig'/'forearm' pass is needed to be played**
- **Throw the ball with good technique**
- **Aim at and sometimes hit a moving target**
- **Use the ready position and be able to move around the court**
- **Catch a ball in ready position and attempt it in a game situation**

Learning Objective

Learning Outcomes

1 To introduce the ready position and be able to volley/set the ball to a partner in volleyball

Children can:

- Stand in the ready position, and move towards the ball
- Understand that the 'volley' is played above the head
- Use soft hands when passing the ball but will not hold the ball

2 To introduce the dig/ forearm pass the ball to a partner in volleyball

Children can:

- Stand in the ready position, and move towards the ball
- Have a wide base and be low to the ground
- Understand that the power for the dig comes from the legs and not the arms
- Understand when the dig/forearm pass is needed to be played

3 To introduce which shots needs to be played and keeps a rally going with a partner in volleyball

Children can:

- Stand in the ready position and move towards the ball
- Move as the ball is travelling to get into line with it and select appropriate pass
- Understand that their pass must be played up high, and ball should be travelling slowly

4 To introduce the throwing technique in dodgeball

Children can:

- Throw the ball with good technique
- Aim at and sometimes hit a moving target
- Throw the ball whilst on the move

5 To introduce the catching technique in dodgeball

Children can:

- Use the ready position and be able to move around the court
- Catch a ball in ready position and attempt it in a game situation
- Catch a ball aimed at their knees and lower legs

6 To introduce ways to avoid being hit in dodgeball

Children can:

- Dodge the ball successfully
- Start to duck and sidestep to dodge the ball
- Start to block the ball that is thrown at them

Assessment Mark	Requirements
Working Towards	<ul style="list-style-type: none">Understand basic rulesRetain key informationUse fundamental movements (Jog, jump, hop, balance, skip, side to side, change of direction)
On Target	<ul style="list-style-type: none">Can hold racket correctlyCan balance a ball on the racket and moveCan hit the ball up with the racketMoves in a comfortable and controlled way, with the racketCan hit a bouncing ball
Above Target	<ul style="list-style-type: none">Understands how to score points within a gameIs confident when hitting a bouncing ballCan direct the ball in space on the courtUses spatial awareness to judge court positions
Excelling	<ul style="list-style-type: none">Competes/demonstrates an ability to compete at an elite levelDemonstrates leadership qualitiesEffectively apply some elements of strategy and tacticsConsistently demonstrate an understanding of spatial awareness

To be **ON TARGET**, pupils must achieve all bullet points from **WORKING TOWARDS** and at least 3 bullet points from **ON TARGET**.

To be working **ABOVE TARGET**, pupils must achieve all points from **WORKING TOWARDS** and **ON TARGET** as well as at least 3 bullet points from **ABOVE TARGET**.

To achieve **EXCELLING**, pupils must achieve all bullet points from **WORKING TOWARDS**, **ON TARGET** and **ABOVE TARGET** as well as at least 3 bullet points from **EXCELLING**.