

PLAYING

EDSTART

Year 2 - Intro to Racket Skills

Unit of Work

Pupils will be taught...

Overall Learning Outcomes (Endpoints)

Children can:

- Hold a tennis racket correctly with one and two hands
- Keep control of a ball when on a racket, by balancing and bouncing
- Judge the flight/bounce of the ball and meet it with their racket
- Play a simple forearm pass to a partner
- Return a simple pass back and forth with a partner
- Track the ball as it moves and adjust feet accordingly
- Move towards the ball and be able to play a shot to get the ball back towards their partner
- Play short rallies with a partner over a net

Learning Objective

Learning Outcomes

1 To hold a tennis racket correctly

Children can:

- Hold the racket at the bottom of the grip
- Know where they need to hold their racket in relation to their body

2 To contact a tennis ball from a self-feed

Children can:

- Be encouraged to watch the ball and follow it with their racket
- Control the racket, keep it flat and move it smoothly
- Bounce the ball at waist height and hit it into the air

3 To hit a bouncing ball towards a partner

Children can:

- Be in a balanced position when hitting the ball
- Have their racket back before the ball has bounced
- Have the strings of their racket facing their partner

4 To hit the ball over the net towards a target area

Children can:

- Hit the ball over a short distance towards a target area
- Know how to swing their racket from low to high and leave racket facing towards the target area

5 To move towards the ball and be able to play a shot to get the ball back towards their partner

Children can:

- Move towards the ball as it travels, from starting in ready position
- Track the ball as it moves, and adjust feet accordingly
- Have their racket back, in preparation of hitting the ball as it bounces

6 To play short rallies over a net with a partner

Children can:

- Play short rallies with a partner over a net
- Move towards the ball and be able to play a shot to get the ball back towards their partner

Assessment Mark

Requirements

Working Towards

- Understand basic rules
- Retain key information
- Use fundamental movements (Jog, jump, hop, balance, skip, side to side, change of direction)

On Target

- Can throw and catch individually
- Makes contact with the ball when batting more often than not
- Uses the correct throwing technique, depending on throwing distance (Underarm short distance, overarm longer distance)
- Can throw and catch with a partner/small group

Above Target

- Is confident when striking a bouncing ball
- Communicates with others effectively
- Uses special awareness to judge fielding positions
- Uses different fielding techniques (Short/long barrier) at the appropriate time

To be **ON TARGET**, pupils must achieve all bullet points from **WORKING TOWARDS** and at least 3 bullet points from **ON TARGET**.

To be working **ABOVE TARGET**, pupils must achieve all points from **WORKING TOWARDS** and **ON TARGET** as well as at least 3 bullet points from **ABOVE TARGET**.