

COMPETING EDSTART

Outdoor Adventurous Activities Unit of Work

Pupils will be taught...

Overall Learning Outcomes (Endpoints)

Children can:

- **Work effectively with others to solve problems**
- **Take the lead within the group and supporting their peers through a series of obstacles**
- **Use a map and find the eight different directions on a compass (N, NE, E, SE, S, SW, W, NW)**
- **Use clues and a compass to navigate a route**
- **Follow a map into an unknown location**
- **Plan a route and a series of clues for someone else**
- **Take part in outdoor and adventurous activity challenges both individually and in a team**

Learning Objective

Learning Outcomes

1 To work on a problem-solving activity when working in small teams

Children can:

- Work effectively with others to solve problems
- Answer questions to solve simple tasks
- Use a step-by-step approach to solve problems

2 To communicate effectively with others to complete blindfolded challenges

Children can:

- Take the lead within the group and support their peers through a series of obstacles
- Work effectively with others to achieve a common goal
- Ask questions in order to complete a task whilst blindfolded

3 To understand what orienteering involves and be able to find different areas of the school using a map

Children can:

- Understand what orienteering involves and can follow a simple map to find control points
- Use a map and find the eight different directions on a compass (N, NE, E, SE, S, SW, W, NW)
- Navigate their school setting, finding different control points along a route

4 To orientate a map and find their updated position

Children can:

- Move the map so the layout of the features on the map matches those around them
- Thumb a map and can use it to keep track of where they are on the map
- Understand and can talk about the different features of a map and find them confidently

5 To run a timed orienteering course, find each control point and complete a simple task

Children can:

- Successfully orientate and follow a map to find control points in timed conditions
- Plan a route, that is the quickest way to visit each control point
- Know the right pace to run at, depending on the distance and activity
- Run at a sustained pace over longer distances

6 To set up and complete an orienteering course challenge for their classmates

Children can:

- Produce an orienteering map with accuracy with 8-10 control points
- Accurately mark locations on a map for other pupils to follow
- Work with others to put on an orienteering activity for a specified group of children
- Work with others to complete an orienteering course

Assessment Mark

Requirements

Working Towards

- Use fundamental movements (Jog, jump, hop, balance, skip, side to side, change of direction)
- Retain key information
- Understand basic ideas of OAA

On Target

- Solve problems individually and as a team
- Find familiar landmarks on a map
- Read, follow and understand a simple map
- Follow a map in a familiar context

Above Target

- Take the lead in tasks, and support their peers with the objectives
- Follow a map into an unknown location
- Use clues and a compass to navigate a route
- Take part in outdoor and adventurous activity challenges both individually and in a team
- Be able to move the map so the layout of the features on the map matches the those around them

Excelling

- Competes/demonstrates an ability to compete at an elite level
- Can analyse skills and techniques to modify and improve performance
- Children can use a map and find the eight different directions on a compass (N, NE, E, SE, S, SW, W, NW)

To be **ON TARGET**, pupils must achieve all bullet points from **WORKING TOWARDS** and at least 3 bullet points from **ON TARGET**.

To be working **ABOVE TARGET**, pupils must achieve all points from **WORKING TOWARDS** and **ON TARGET** as well as at least 3 bullet points from **ABOVE TARGET**.

To achieve **EXCELLING**, pupils must achieve all bullet points from **WORKING TOWARDS**, **ON TARGET** and **ABOVE TARGET** as well as at least 3 bullet points from **EXCELLING**.