

PLAYING

EDSTART

Outdoor Adventurous Activities Unit of Work

Pupils will be taught...

Overall Learning Outcomes (Endpoints)

Children can:

- **Follow a route within a time limit**
- **Take part in outdoor and adventurous activity challenges both individually and in a team**
- **Cooperate with their peers to solve the problem**
- **Understand and sometimes use directional language to navigate others with some success**
- **Follow directions given to them by peers**
- **Confidently solve problems in unfamiliar environments**
- **Use clues and a compass to navigate a route**
- **Follow a map into an unknown location**

Learning Objective

Learning Outcomes

1 To develop outdoor and adventurous activities, both individually and as a team

Children can:

- Work with others to complete team activities
- Discuss ideas and come up with a plan to complete a task
- Communicate in different ways

2 To develop activities where cooperation and listening skills are required

Children can:

- Establish outstanding listening skills and follow instructions from a teammate during an activity
- Know how to communicate in different ways
- Understand communication can be non-verbal and can use these when required

3 To develop activities that require instructions to be followed step by step

Children can:

- Plan in order to complete a task
- Follow simple instructions to complete a task
- Pace themselves when completing a task, in order to not miss a step

4 To develop orienteering and know what it entails

Children can:

- Understand the basics of orienteering
- Find familiar landmarks on a map
- Orientate and follow a map to find control points in timed conditions
- Find ways to complete a task in the shortest time

5 To develop reading, following and understanding maps

Children can:

- Read, follow and understand a simple map
- Find points on a map using their environment as a guide
- Navigate around an orienteering course, and find several control points

6 To develop map reading skills

Children can:

- Follow a map in a familiar context
- Use clues to follow a route safely
- Work in a team and individually to use a map and solve problems

Assessment Mark

Requirements

Working Towards

- Use fundamental movements (Jog, jump, hop, balance, skip, side to side, change of direction)
- Retain key information
- Understand basic ideas of OAA

On Target

- Solve problems individually and as a team
- Find familiar landmarks on a map
- Follow and understand a simple map
- Follow a map in a familiar context

Above Target

- Take the lead in tasks, and support their peers with the objectives
- Follow a map into an unknown location
- Use clues and a compass to navigate a route
- Take part in outdoor and adventurous activity challenges both individually and in a team
- Move the map so the layout of the features on the map matches the those around them

Excelling

- Competes/demonstrates an ability to compete at an elite level
- Analyse skills and techniques to modify and improve performance
- Use a map and find the eight different directions on a compass (N, NE, E, SE, S, SW, W, NW)

To be **ON TARGET**, pupils must achieve all bullet points from **WORKING TOWARDS** and at least 3 bullet points from **ON TARGET**.

To be working **ABOVE TARGET**, pupils must achieve all points from **WORKING TOWARDS** and **ON TARGET** as well as at least 3 bullet points from **ABOVE TARGET**.

To achieve **EXCELLING**, pupils must achieve all bullet points from **WORKING TOWARDS**, **ON TARGET** and **ABOVE TARGET** as well as at least 3 bullet points from **EXCELLING**.