

MOVING EDSTART

Outdoor Adventurous Activities Unit of Work

Pupils will be taught...

Overall Learning Outcomes (Endpoints)

Children can:

- **Follow a map in a familiar context**
- **Use clues to follow a route safely**
- **Talk about and demonstrate skills to help achieve the goal**
- **Communicate verbally and non-verbally with a teammate**
- **Follow multi-step instructions**
- **Solve problems by working together as a team**

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Learning Objective

Learning Outcomes

1 To introduce outdoor and adventurous activities, both individually and as a team

Children can:

- Complete OAA tasks on their own
- Solve challenges working cooperatively
- Communicate with their peers and solve problems quickly

2 To introduce activities where cooperation and listening skills are required

Children can:

- Explain what teamwork involves and demonstrate some teamwork skills to help achieve the goal
- Understand what effective communication involves and demonstrate verbal and non-verbal methods of communication with some success during team activities

3 To introduce activities that require instructions to be followed step by step

Children can:

- Follow multi-step instructions with support when necessary
- Identify problems and come up with ways to overcome them
- Cooperate with others to solve problem

4 To introduce orienteering and know what it entails

Children can:

- Understand the concept of a map
- Understand that a map is like a picture
- Understand the use of symbols and a key

5 To read, follow and understand maps

Children can:

- Begin to learn the basic orienteering symbols
- Follow a map and understand the basic symbols
- Use a map and point out where they are in relation to the school

6 To introduce simple map skills

Children can:

- Introduce a competitive element to OAA
- Encourage team support
- Demonstrate all the physical skills needed for orienteering

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Assessment Mark Requirements

Working Towards

- Use fundamental movements (Jog, jump, hop, balance, skip, side to side, change of direction)
- Retain key information
- Understand basic ideas of OAA

On Target

- Solve problems individually and as a team
- Find familiar landmarks on a map
- Read, follow and understand a simple map
- Follow a map in a familiar context

Above Target

- Take the lead in tasks, and support their peers with the objectives
- Follow a map into an unknown location
- Use clues and a compass to navigate a route
- Take part in outdoor and adventurous activity challenges both individually and in a team
- Be able to move the map so the layout of the features on the map matches those around them

Excelling

- Competes/demonstrates an ability to compete at an elite level
- Can analyse skills and techniques to modify and improve performance
- Use a map and find the eight different directions on a compass (N, NE, E, SE, S, SW, W, NW)

To be **ON TARGET**, pupils must achieve all bullet points from **WORKING TOWARDS** and at least 3 bullet points from **ON TARGET**.

To be working **ABOVE TARGET**, pupils must achieve all points from **WORKING TOWARDS** and **ON TARGET** as well as at least 3 bullet points from **ABOVE TARGET**.

To achieve **EXCELLING**, pupils must achieve all bullet points from **WORKING TOWARDS**, **ON TARGET** and **ABOVE TARGET** as well as at least 3 bullet points from **EXCELLING**.