

# COMPLETE EDSTART

## Year 6 - Tennis Unit of Work

**Pupils will be taught...**

### Overall Learning Outcomes (Endpoints)

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#### Children can:

- Know how to grip the racket
- Know their feet need to be at least shoulder width apart with your head forwards
- Look to get to the ball as soon as possible
- Contact the ball at around waist height
- Aim to get the racket back before the ball has bounced
- Watch the ball travel and decide what shot needs to be played
- Move the racket in a swinging action from low to high when taking a shot

### Learning Objective

### Learning Outcomes

**1 To understand how to hold the racket and to be in the ready position**

**Children can:**

- Know their feet need to be at least shoulder width apart with your head forwards onto the court and bend your knees slightly
- Know to hold the racket using the 'shake hands' grip
- Know after hitting the ball return to the centre of the court and the ready position as soon as possible

**2 To play the forearm and backhand shots under control**

**Children can:**

- Look to get to the ball as soon as possible
- Make their forward swing of the racket from low to high
- Make contact with the ball at around waist height
- Watch the ball travel and decide to play a shot other than the forearm shot
- Start to understand the term 'backhand shot'

**3 To play a rally with a partner by selecting the correct technique**

**Children can:**

- Track the ball all the way from once it leaves their partners racket
- Aim to get the racket back before the ball has bounced
- Decide which shot needs to be played, and move their feet accordingly

**4 To underarm serve over a net**

**Children can:**

- Stand sideways to the line and hold the racket and ball together out in front
- Drop the ball onto the racket before it bounces and hit it
- Move the racket in a swinging action from low to high

**5 To understand the scoring system and rules involved in doubles tennis matches**

**Children can:**

- Understand the rules and know how to start and restart the match
- Effectively apply some elements of strategy and tactics

**6 To play a game of doubles tennis using the techniques shown and be able to follow the basic rules**

**Children can:**

- Play a game of doubles using the techniques shown
- Understand where they need to stand to be in the best position to play the shots needed
- Start the game with a basic serve and be able to play a rally with their opponents

### Assessment Mark

### Requirements

#### Working Towards

- Use fundamental movements (Jog, jump, hop, balance, skip, side to side, change of direction)
- Can perform a variety of passes
- Retain key information
- Understand basic rules of the game

#### On Target

- Can grip the racket correctly
- Can hit the ball up with the racket a number of times
- Can stand in the ready position and move towards the ball
- Move in a comfortable and controlled way, with the racket
- Can serve underarm
- Consistently demonstrate an understanding of spatial awareness

#### Above Target

- Can perform a range of shots in a game situation
- Can serve overarm
- Can use different shots during a rally
- Can direct the ball into different spaces on the court
- Effectively apply some elements of strategy and tactics
- Uses spatial awareness and observational skills to determine their own and others court positions

#### Excelling

- Competes/demonstrates an ability to compete at an elite level
- Understand where they need to stand to be in the best position to play the shots needed
- Can officiate small games between themselves and are able to restart the game after a stoppage in play
- Can analyse skills and techniques to modify and improve performance
- Effectively use spatial awareness to achieve success in game situations

To be **ON TARGET**, pupils must achieve all bullet points from **WORKING TOWARDS** and at least 3 bullet points from **ON TARGET**.

To be working **ABOVE TARGET**, pupils must achieve all points from **WORKING TOWARDS** and **ON TARGET** as well as at least 3 bullet points from **ABOVE TARGET**.

To achieve **EXCELLING**, pupils must achieve all bullet points from **WORKING TOWARDS**, **ON TARGET** and **ABOVE TARGET** as well as at least 3 bullet points from **EXCELLING**.