

# COMPLETE EDSTART

## Year 6 - Volleyball Unit of Work

Pupils will be taught...

### Overall Learning Outcomes (Endpoints)

**Children can:**

- **Stand in the ready position and move towards the ball**
- **Use soft hands when passing the ball but will not hold the ball**
- **Understand that the power for the dig comes from the legs and not the arms**
- **Understand that the 'volley' is played above the head**
- **Understand when the 'dig'/'forearm' pass is needed to be played**
- **Jump and 'spike' the ball**
- **Understand that they rotate in a clockwise direction**
- **Understand the roles of back court players and front court players**

# Year 6 - Volleyball

## Unit of Work

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EDSTART

### Learning Objective

### Learning Outcomes

**1 To understand the ready position and be able to volley/dig the ball to a partner**

Children can:

- Stand in the ready position and move towards the ball
- Have a wide base and be low to the ground
- Have their strongest foot slightly forward
- Make the decision on what pass need to be played as the ball travels towards them

**2 To overarm serve the ball towards a partner**

Children can:

- Know how they need to contact the ball in order for it to travel to a partner/over the net
- Turn their body into the direction they want to serve
- Stand with least dominant foot forward and step on to dominant foot when hitting the ball

**3 To set up an attack with a partner and send it over a net**

Children can:

- Know to travel towards the net when they do not receive the first ball
- Step and jump towards the ball
- Know how to contact the ball with their hand and give it direction
- Hit the ball at the highest point when it is set to them

**4 To direct the ball into different areas of the court to set up an attack**

Children can:

- Decide what pass they need to play when the ball travels towards them
- Direct the ball into different spaces on the court
- Understand the roles on the court, and the rotation of positions each time they win the serve back
- Uses spacial awareness and observational skills to determine their own and others court positions

**5 To play small 4v4 games and understand the rotation of positions**

Children can:

- Use the skills learnt to play small games
- Understand that they rotate in a clockwise direction
- Dig/set from an underarm serve to continue the rally

**6 To play small tournaments using the skills and rules taught throughout the term**

Children can:

- Safely play small tournament games and follow the simple rules
- Understands how the points system works within a game
- Know how to start, restart, and score in the games

Assessment Mark	Requirements
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### Working Towards

- Understand rules
- Retain key information
- Use fundamental movements (Jog, jump, hop, balance, skip, side to side, change of direction)

### On Target

- Moves in a comfortable and controlled way
- Can pass a ball that has been hit towards them
- Knows the different shots that can be played (Serve, dig, volley)
- Can use different shots during a rally

### Above Target

- Can serve overarm
- Understands how the points system works within a game
- Can direct the ball into different spaces on the court
- Uses spacial awareness and observational skills to determine their own and others court positions

### Excelling

- Competes/demonstrates an ability to compete at an elite level
- Consistently demonstrates leadership qualities to provide strategy and tactics in game situations for teammates to succeed
- Effectively use spatial awareness to achieve success in game situations
- Analyse skills and techniques to modify and improve performance

To be **ON TARGET**, pupils must achieve all bullet points from **WORKING TOWARDS** and at least 3 bullet points from **ON TARGET**.

To be working **ABOVE TARGET**, pupils must achieve all points from **WORKING TOWARDS** and **ON TARGET** as well as at least 3 bullet points from **ABOVE TARGET**.

To achieve **EXCELLING**, pupils must achieve all bullet points from **WORKING TOWARDS**, **ON TARGET** and **ABOVE TARGET** as well as at least 3 bullet points from **EXCELLING**.