

MOVING EDSTART

Year 3 - Intro to Target Games Tri-Golf, Frisbee & Archery - Assessment Tracker

Pupils will be taught...

Overall Learning Outcomes (Endpoints)

Children can:

- Use a range of skills, e.g. throwing, catching, and hitting with some degree of control**
- Throw over a variety of distances using the underarm and overarm techniques**
- Have the correct stance when throwing the Frisbee**
- Have the right body position when receiving a Frisbee**
- Understand they need to straddle the shooting line with one foot on either side**
- Understand they need to stand forward with their least dominant foot over the shooting line**
- Judge the flight on an object and be ready to catch the appropriate technique**
- Understand the correct stance when using a Tri-Golf club**

Objective 1/6 - To introduce the stance needed when using a Tri-Golf club

Children can:

- Understand to swing with balance it is important to stand correctly
- Need to ensure:
 - Feet are shoulder width apart
 - Ball is in line with the centre of body
 - Toes and waist facing the ball

Names of children who have excelled in the objective and show a greater depth of understanding

Names of children working below
(Include notes on why)

Any other notes (Stars of the Week, Future Learning, etc.)

Objective 2/6 - To introduce being able to control the putter

Children can:

- Control the distance of the ball in the air using a putter
- Need to ensure they:
 - Stand with the club on the floor with the grip pointing to the centre of their feet
 - Make like a scarecrow with hands out – the hand closest to the target goes on top of the grip
 - The hand furthest from the target goes underneath
 - Both hands are touching

Names of children who have excelled in the objective and show a greater depth of understanding

Names of children working below
(Include notes on why)

Any other notes (Stars of the Week, Future Learning, etc.)

Objective 3/6 - To introduce receiving and throwing of a Frisbee

Children can:

- Have the correct stance when throwing the Frisbee
- Have the right body position when receiving a Frisbee
- Understand the right of their hands when distributing the Frisbee to achieve a strong throw (Thumb should be on top of the Frisbee, your index finger should be against the edge and your remaining fingers should touch the underside. Stand with your feet a 90° to your target)

| Names of children who have excelled in the objective and show a greater depth of understanding | Names of children working below (Include notes on why) | Any other notes (Stars of the Week, Future Learning, etc.) |
|--|--|--|
| | | |

Objective 4/6 - To introduce aiming at a target with using the correct technique in Frisbee

Children can:

- Understand the basic skills when holding the Frisbee
- Understand the right force to use when passing to another child
- Be comfortable throwing with basic techniques

| Names of children who have excelled in the objective and show a greater depth of understanding | Names of children working below (Include notes on why) | Any other notes (Stars of the Week, Future Learning, etc.) |
|--|--|--|
| | | |

Objective 5/6 - To introduce how to hold the bow in archery

Children can:

- Understand they need to straddle the shooting line with one foot on either side
- Understand they need to stand forward with their least dominant foot over the shooting line
- Understand they need to turn their front foot towards the target

Names of children who have excelled in the objective and show a greater depth of understanding

Names of children working below
(Include notes on why)

Any other notes (Stars of the Week, Future Learning, etc.)

Objective 6/6 - To introduce the technique of drawing the bow

Children can:

- Know how to pull or draw the string toward the side of their face towards the dominant side
- Understand to rotate their hips and shoulder until their elbow is in front of the arrow
- Know that when they draw the bow back they touch their index finger to the corner of the mouth

Names of children who have excelled in the objective and show a greater depth of understanding

Names of children working below
(Include notes on why)

Any other notes (Stars of the Week, Future Learning, etc.)

Assessment Mark **Requirements**

**Working
Towards**

- Understand basic rules
- Retain key information
- Use fundamental movements (Jog, jump, hop, balance, skip, side to side, change of direction)

On Target

- Can throw and catch individually
- Can use different techniques with moderate accuracy
- Makes contact with the ball more often than not
- Uses the correct throwing technique, depending on throwing distance (Underarm short distance, overarm longer distance)

**Above
Target**

- Can throw and catch with a partner/small group
- Can bowl overarm with moderate accuracy
- Is confident when striking a bouncing ball
- Communicates with others effectively
- Uses spacial awareness to judge fielding positions
- Uses different fielding techniques (Short/long barrier) at the appropriate time

Excelling

- Competes/demonstrates an ability to compete at an elite level
- Demonstrates leadership qualities
- Effectively apply some elements of strategy and tactics
- Consistently demonstrate an understanding of spatial awareness

To be **On Target**, pupils must achieve all **Working Towards** bullet points from **On Target**.

To be working **Above Target**, pupils must achieve all points from **Working Towards** and **On Target** as well as at least 4 **Above Target** points.

To achieve **Excelling**, pupils must achieve all points from **Working Towards**, **On Target** and **Above Target** as well as at least 3 **Excelling** points.