

MOVING EDSTART

Inclusive Sports Unit of Work

Pupils will be taught...

Overall Learning Outcomes (Endpoints)

Children can:

- Explore and practise fundamental movements needed in Boccia and Goalball (rolling, reaching, stopping, crawling, stretching)
- Begin to handle equipment (balls, cones, targets) with curiosity and simple control
- Develop awareness of personal space and safe movement around others
- Respond to auditory and visual cues, beginning to use multiple senses
- Engage in simple cooperative activities (working in pairs/small groups)

Learning Objective

Learning Outcomes

1 To introduce rolling a ball towards a target in Boccia

Children can:

- Roll the ball in a straight line from a seated/kneeling position
- Stop a gently rolled ball using two hands
- Experiment with force (soft vs strong rolls)

2 To introduce throwing a ball in Boccia

Children can:

- Attempt a basic underarm throw towards a partner or target
- Experiment with using one hand vs two hands when throwing
- Recognise the importance of aiming in the right direction rather than just throwing with power

3 To introduce simple games in Boccia

Children can:

- Take turns rolling or throwing with a partner or small group
- Listen and respond to a teammate's signal (e.g., "ready," "go")
- Begin to celebrate each other's success and show encouragement

4 To introduce how to react to sound cues in Goalball

Children can:

- Respond when they hear a clap/whistle/voice instruction
- Track and stop a ball with a bell inside
- Begin to use listening skills in movement challenges

5 To introduce simple aiming games in Goalball

Children can:

- Aim a ball towards a cone/hoop
- Adjust their throw by standing nearer/further away
- Celebrate effort and accuracy

6 To introduce mini challenges in Goalball

Children can:

- Play simple "stop the ball" team games
- Combine rolling, stopping and listening skills in a small group activity
- Begin to understand "playing by the rules"

Assessment Mark

Requirements

Working Towards

- Can demonstrate Boccia and Goalball skills with developing control
- Can follow rules with support and reminders
- Can attempt leadership or officiating roles with guidance
- Can participate in small games but relies on teacher direction

On Target

- Can refine Boccia throws with some accuracy and consistency
- Can apply basic attacking and defensive strategies with independence
- Can take on simple officiating or coaching roles confidently
- Can reflect on performance and identify one improvement

Above Target

- Can demonstrate tactical awareness and advanced shot selection in Boccia
- Can adapt Goalball strategies in response to the opposition
- Can officiate full games fairly, managing scoring and time
- Can coach peers effectively, using demonstrations and technical terms

Excelling

- Can consistently demonstrate mastery of Boccia and Goalball skills under pressure
- Can anticipate and counter advanced tactics with creativity
- Can independently plan and lead a tournament, managing fixtures and results
- Can mentor peers with detailed feedback and set measurable performance goals

To be **ON TARGET**, pupils must achieve all bullet points from **WORKING TOWARDS** and at least 3 bullet points from **ON TARGET**.

To be working **ABOVE TARGET**, pupils must achieve all points from **WORKING TOWARDS** and **ON TARGET** as well as at least 3 bullet points from **ABOVE TARGET**.

To achieve **EXCELLING**, pupils must achieve all bullet points from **WORKING TOWARDS**, **ON TARGET** and **ABOVE TARGET** as well as at least 3 bullet points from **EXCELLING**.