

EDSTART KNOW

- I can explain how to evaluate my football performance and identify ways to improve my technique and teamwork.
- I can describe how feedback from a partner, coach, or teammate helps me develop my performance.
- I can understand why reflection and consistent practice lead to improvement in games and training.

EDSTART GO

- I can assess my performance and recognise what I need to do to improve my skills and decision-making.
- I can use feedback from others to adjust my technique, positioning, or movement during play.
- I can take part in practice games and training activities, recording and reflecting on my progress.

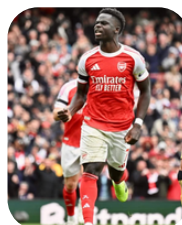
EDSTART SHOW

- I can demonstrate improvement in my football performance through better control, accuracy, and teamwork.
- I can explain how I have used feedback to make positive changes to my game.
- I can show determination, focus, and resilience to achieve my personal best while playing competitively and fairly.

Key Vocabulary

**pass, dribble, shoot,
defend, strategy,
positioning, control,
composure.**

Role Models



Bukayo Saka
Arsenal & England
Player



Leah Williamson -
England Captain
UEFA Euro Winner

What do we know about Football?

Football, or soccer, was standardised in England in 1863 when the Football Association established a single set of rules. It has since become the most watched and played sport globally, with over 200 national associations under FIFA. The modern game requires tactical intelligence, spatial awareness and teamwork. Data analytics now track player performance, movement and decision-making, transforming elite coaching. Football also serves as a platform for social change, inclusion and community development, promoting values of respect, equality and perseverance.

In Year 5 we learnt

- to combine football skills such as dribbling, passing, and shooting within an activity, moving between them with control and fluency.
- explain how different football skills are used during a game and identify which situations require more than one skill.
- assist their peers by offering feedback, supporting them during practice, and recording scores or performance results accurately.