

EDSTART KNOW

- I can explain where to aim my shots to make it difficult for my opponent to return the ball.
- I can describe how hand-eye coordination helps me play and serve accurately.
- I can understand how to use different shot types, such as forehand, backhand, and serve, to gain an advantage in a game.

EDSTART GO

- I can aim my shots with accuracy and control to keep rallies going or win points.
- I can use good hand-eye coordination when playing and serving to maintain consistency.
- I can apply a variety of shots effectively during rallies to outwit my opponent.

EDSTART SHOW

- I can demonstrate control, accuracy, and tactical awareness when competing in tennis games.
- I can make confident decisions about which shot to use depending on my opponent's position.
- I can play fairly, follow the rules, and show sportsmanship while competing.

Key Vocabulary

**serve, rally,
volley,
placement,
footwork,
control,
accuracy,
power**

Role Models



**Andy Murray OBE –
Multiple Grand Slam
Champion**



**Emma Raducanu -
2021 US Open
Champion**

What do we know about Tennis?

Tennis originated in France during the 12th century as jeu de paume and evolved into lawn tennis in Victorian England. It is played on clay, grass, or hard courts and requires agility, endurance, and mental resilience. Elite players blend biomechanics and psychology — using spin, timing, and game management to outplay opponents. Technology such as Hawk-Eye and statistical analysis has modernised coaching. The Lawn Tennis Association (LTA) governs the sport in Britain, promoting both grassroots engagement and elite performance.

In Year 5 we learnt

- to use a range of techniques for sending, receiving, and returning the ball with control and accuracy to sustain a rally.
- to apply a variety of shot types, using both forehand and backhand effectively during play.
- to serve or start play accurately, demonstrating control, consistency, and understanding of the basic rules of tennis.