Year 5 - Badminton Knowledge Organiser

COMPETING EDSTART

EDSTART KNOW

- I can explain how to send, receive, and return the shuttle to keep a rally going.
- I can describe how to use different shot types such as forehand and backhand in a game.
- I can understand how to serve accurately and follow the basic rules of badminton.

EDSTART GO

- I can use a range of techniques to send, receive, and return the shuttle with control and accuracy.
- I can apply different shot types or actions using both my dominant and non-dominant sides effectively.
- I can serve consistently and accurately to start play, showing control and awareness of the court.

EDSTART SHOW

- I can maintain rallies confidently using a combination of forehand and backhand shots.
- I can demonstrate tactical awareness by placing shots effectively to challenge my opponent.
- I can play fairly, follow the rules, and show focus and sportsmanship throughout the game.

Key Vocabulary

serve, rally, placement, drop-shot, accuracy, coordination, footwork, reaction

Role Models

Gail Emms MBE
British Olympic Badminton Player

Lin Dan
Olympian Badminton Player

What do we know about Badminton?

adminton is a fast-moving racket game that needs quick reactions and good teamwork. Players hit a shuttlecock back and forth over a net, trying to make it land on their opponent's side. The shuttle moves through the air much slower than a ball, so players need control, accuracy, and timing. Badminton can be played indoors or outdoors, and it's great for building fitness, focus, and coordination. It's one of the most popular sports in the world and is played at schools, sports clubs, and in the Olympic Games.

In Year 4 we learnt

- to adopt a ready position suitable for the game and react quickly to the ball or shuttle in competitive situations.
- to move efficiently around the court to position themselves effectively for returning shots.
- to can use a variety of shots or techniques, selecting the most appropriate one depending on the game, opponent, or situation.