

EDSTART KNOW

- I can explain how different basketball skills such as dribbling, passing, and shooting are used in a game.
- I can describe how combining different skills helps me play more effectively.
- I can understand how to support my teammates by helping them complete activities and record scores correctly.

EDSTART GO

- I can combine dribbling, passing, and shooting within an activity, moving between them with control and fluency.
- I can apply more than one skill at a time during a game, showing awareness of space and timing.
- I can assist my peers by giving feedback, supporting them during practice, and helping to record results accurately.

EDSTART SHOW

- I can demonstrate control, fluency, and teamwork when performing basketball skills in competitive games.
- I can show confidence and awareness when applying different techniques in match situations.
- I can encourage others, show fairness, and display good sportsmanship throughout all activities.

Key Vocabulary

dribble, pass, shoot,
rebound, mark, space,
teamwork, accuracy

Role Models



Steve Nash –
American Professional
Basketball Player



Sophie Carrigill –
GB Wheelchair
Basketball Player

What do we know about Basketball?

Basketball is a high-energy game that combines skill, teamwork, and strategy. Players move the ball around the court by bouncing it, called dribbling, and try to shoot it into the other team's hoop to score points. The game helps players improve their fitness, coordination, and communication. It's played indoors and outdoors, with professional leagues all over the world — like the NBA in America. In schools, basketball is great for learning how to work as a team, stay active, and think quickly under pressure.

In Year 4 we learnt

- to use a range of sending and receiving skills, such as passing, catching, or controlling the ball, with accuracy and control.
- to send the ball over different distances using appropriate passing techniques for the game or situation.
- to track the movement of the ball and use the correct technique to control, receive, or intercept it successfully.