Year 5 - Handball
Knowledge Organiser

COMPETING EDSTART

EDSTART KNOW

- I can explain how to combine passing, dribbling, and shooting skills effectively in handball.
- I can describe how different skills are used within a game and when more than one skill is needed.
- I can understand how to support my peers by giving feedback and helping to record scores or results.

EDSTART GO

- I can combine handball skills such as passing, dribbling, and shooting within an activity, moving between them with control and fluency.
- I can apply more than one skill at a time during a game, showing awareness of space, timing, and accuracy.
- I can work with others to complete activities successfully and record results correctly.

EDSTART SHOW

- I can demonstrate control, coordination, and teamwork when performing handball skills in competitive situations.
- I can show confidence and decision-making during attacking and defending play.
- I can display fairness, communication, and encouragement when working with teammates and opponents.

Key Vocabulary

throw, catch, intercept, attack, defend, accuracy, teamwork, tactics

Role Models

Martim Costa - Handball Player

Lily Briscoe - British Handball Player and GB International

What do we know about Handball?

Modern handball was created in Denmark and Germany in the late 19th century. It's a fast-paced invasion game played indoors between two teams of seven, aiming to throw the ball into the opponent's goal. Players can take up to three steps and hold the ball for three seconds before passing or shooting. The International Handball Federation (IHF) governs the sport globally, and England Handball supports development across UK schools.

In Year 4 we learnt

- to use a range of sending and receiving skills, such as throwing, catching, or passing, with control and accuracy.
- to send the ball over different distances using suitable techniques for the game or situation.
- to track the movement of the ball and use the correct technique to catch, control, or receive it successfully.