

EDSTART KNOW

- I can explain how to combine hockey skills such as dribbling, passing, and striking effectively.
- I can describe how these skills are used during a game and when to use more than one skill at a time.
- I can understand how to help my peers by giving feedback, supporting them in activities, and recording scores correctly.

EDSTART GO

- I can combine dribbling, passing, and striking skills within an activity, moving between them with control and fluency.
- I can apply more than one skill during a game, showing awareness of space, timing, and direction.
- I can work confidently with others, supporting my team and recording results accurately.

EDSTART SHOW

- I can demonstrate control, coordination, and teamwork when performing hockey skills in competitive situations.
- I can show confidence and decision-making when attacking and defending during gameplay.
- I can display fairness, communication, and encouragement to help my team perform at their best.

Key Vocabulary

pass, dribble, tackle,

shoot, defend, space,

teamwork, control

Role Models



Mila Welch -
England Women's
Goalkeeper



Nick Park -
England Player

What do we know about Hockey?

Forms of hockey have existed for thousands of years, but the modern game was formalised in England in 1876 with the creation of The Hockey Association. Field hockey is played by two teams of 11 using curved sticks to move a small ball and score goals. It requires strong teamwork, quick reactions and hand-eye coordination. The Federation of International Hockey (FIH) governs the sport worldwide, and England Hockey oversees national participation.

In Year 4 we learnt

- **to use a range of sending and receiving skills, such as passing, catching, or striking, with control and accuracy.**
- **to send the ball over different distances using suitable passing or striking techniques for the game or situation.**
- **to track the movement of the ball and use the correct technique to control, receive, or intercept it successfully.**