

EDSTART KNOW

- I can explain how to send, receive, and return the ball to keep a rally going.
- I can describe how to use different shot types, such as forehand and backhand, during a game.
- I can understand how to serve accurately and follow the basic rules of tennis.

EDSTART GO

- I can use a range of techniques for sending, receiving, and returning the ball with control and accuracy.
- I can apply different shots using both my dominant and non-dominant sides effectively during play.
- I can serve consistently and accurately to start play, showing control and awareness of positioning.

EDSTART SHOW

- I can maintain rallies with control, accuracy, and good positioning on the court.
- I can demonstrate tactical awareness by choosing the right shot to outplay my opponent.
- I can play fairly, follow the rules, and show respect and sportsmanship in all games.

Key Vocabulary

**serve, rally,
volley,
placement,
control,
footwork,
accuracy,
reaction**

Role Models



**Carlos Alcaraz -
Multiple Grand Slam
Champion**



**Serena Williams -
Multiple Grand
Slam Champion**

What do we know about Tennis?

Tennis is a fast-paced game played on different surfaces such as grass, clay or hard courts. Players use a racket to serve and rally the ball, aiming to outsmart their opponent with power, accuracy and placement. The game encourages quick reactions, focus and strategy as players decide when to attack or defend. Famous tournaments like Wimbledon and the US Open showcase world-class talent and inspire players everywhere to develop skill, determination and respect on the court.

In Year 4 we learnt

- to adopt a ready position suitable for the game and react quickly to the ball or shuttle in competitive situations.
- to move efficiently around the court to position themselves effectively for returning shots.
- to use a variety of shots or techniques, selecting the most appropriate one depending on the game, opponent, or situation.