

Year 4 - Development of Invasion Games (Basketball & Football)

Knowledge Organiser

PLAYING
EDSTART

COMPETING
EDSTART

EDSTART KNOW

- I can explain how to use different passing and receiving skills for basketball and football.
- I can describe how accuracy and control help me pass or receive the ball successfully.
- I can understand which passing technique to use depending on the game or situation.

EDSTART GO

- I can use a range of sending and receiving skills such as passing, catching, or controlling the ball with accuracy.
- I can send the ball over different distances using the correct passing technique for the game.
- I can track the movement of the ball and use the right technique to control, receive, or intercept it.

EDSTART SHOW

- I can demonstrate good control, teamwork, and decision-making during small-sided games.
- I can pass and receive accurately while keeping possession and supporting my teammates.
- I can show fairness, communication, and confidence when playing in competitive situations.

Key Vocabulary

**pass, dribble,
shoot, defend,
control,**

Role Models



**Lauren James -
Chelsea & England
Player**



**Joel Freeland -
Former British NBA
Player**

What do we know about Invasion Games?

Invasion games include football, basketball, hockey, and rugby — where teams move an object into an opponent's area to score. These games develop cooperation, movement, and awareness of others. Football is the world's most popular sport, played by two teams of 11 who pass and shoot to score goals.

Basketball was invented in 1891 by Dr. James Naismith to keep students active indoors. Both sports build confidence, coordination, and teamwork.

In Year 3 we learnt

- to anticipate and judge the movement or direction of the ball during play.
- to position their body correctly to intercept, control, or stop the ball effectively using their feet (football) or hands (basketball).
- to react quickly in attack and defence, showing awareness of space, teammates, and opponents.