

## EDSTART KNOW

- I can explain how to use throwing, catching, and bowling skills with control.
- I can describe when to use underarm and overarm throws for different distances.
- I can explain how to watch the ball carefully to judge its flight when catching.

## EDSTART GO

- I can throw the ball accurately using underarm or overarm techniques.
- I can catch the ball safely using the correct hand position and focus.
- I can bowl or roll the ball towards a target or batter with control.

## EDSTART SHOW

- I can perform throwing, catching, and bowling skills confidently in small games.
- I can work well with others in the field, showing teamwork and awareness.
- I can play fairly, follow the rules, and show enjoyment when taking part.

## Key Vocabulary

**bat, bowl, catch,**

**throw, strike,**

**field, teamwork,**

**accuracy**

## Role Models



**Kate Cross –**  
**England Cricketer**



**Monti Panesar –**  
**England Cricketer**

## What do we know about Striking & Fielding?

Both rounders and cricket are striking and fielding games where players hit a ball and try to score runs. One team bats while the other fields. Rounders has been played in England for hundreds of years, and cricket is now played worldwide. These sports help children learn teamwork, coordination, and how to encourage others while having fun outdoors.

## In Year 2 we learnt

- to judge the path of a ball that it is bouncing towards them.**
- to get their body in line with the ball early and stop the traveling ball from going past them.**