

# Year 1 - Movement to Music Knowledge Organiser

MOVING  
EDSTART

## EDSTART KNOW

- I can say that music can help me move in different ways.
- I can name some body actions and movements like jump, twist, and stretch.
- I can talk about how my movements can match the beat or rhythm of the music.

## EDSTART GO

- I can move my body in time with the music.
- I can use different body actions to show a pattern or idea.
- I can make my own simple movement sequence to match the music.

## EDSTART SHOW

- I can show confidence when moving to music.
- I can remember and repeat my movement pattern.
- I can explain how my movements match the sound or rhythm I hear.

### Key Vocabulary

**music, rhythm, beat, movement, pattern, dance, stretch, sequence**

### What do we know about movement to music?

- Dance in its simplest form in moving to music following a rhythm
- When Moving to Music, we explore space and use our bodies to show how we can relate to the music being played

