

# Year 2 - Sports Day Events

## Knowledge Organiser

**COMPETING**  
**EDSTART**

### EDSTART KNOW

- I can name different Sports Day events such as running, jumping, and throwing.
- I can say how to jump and land safely using good technique.
- I can talk about why it is important to follow the rules in a race or event.

### EDSTART GO

- I can accurately throw a small piece of athletic equipment for distance.
- I can show control when jumping and landing with two feet.
- I can take part in races using my running, jumping, and throwing skills.

### EDSTART SHOW

- I can show good technique and effort in every Sports Day event.
- I can follow the rules and take turns fairly.
- I can explain how I used my movement skills to do my best in each activity.

### Key Vocabulary

**run, throw, jump,  
distance, technique,  
control, effort, fair  
play**

### What do we know about Sports Day Events?

- Athletics is a group of sporting events that involves competitive running, jumping, throwing, and walking
- The current men's world record is 9.58 seconds, set by Jamaica's Usain Bolt in 2009, while the women's world record of 10.49 seconds set by American Florence Griffith-Joyner in 1988 remains unbroken

