

Recap: What do we know about hockey?

Lesson 1/6

To control the ball by dribbling and using a stick

EDSTART KNOW

- I can explain how to hold a hockey stick correctly.
- I can describe when and where to dribble the ball.
- I can understand why keeping my head up helps me see the pitch.

EDSTART GO

- I can dribble the ball using control at different speeds.
- I can adjust my stick position to keep the ball close.
- I can change direction while keeping possession.

EDSTART SHOW

- I can respect others during dribbling games.
- I can encourage my partner in races and challenges.
- I can share equipment fairly and take turns.

Recap: To control the ball by dribbling and using a stick

Lesson 2/6

To use a variety of passes

**whilst stationary
and travelling**

EDSTART KNOW

- I can explain how to perform a push pass.
- I can describe when to dribble and when to pass.
- I can understand the difference between short and long passes.

EDSTART GO

- I can pass accurately using push and slap passes.
- I can receive the ball with control and continue play.
- I can combine passing with movement into space.

EDSTART SHOW

- I can support teammates by moving into space to receive passes.
- I can encourage others to pass accurately.
- I can respect my teammates and opponents during games.

Recap: To use a variety of passes whilst stationary and travelling

Lesson 3/6

To shoot the ball under control

EDSTART KNOW

- I can explain how to grip the stick for power.
- I can describe where I must be on the pitch to score.
- I can understand the importance of aiming in shooting.

EDSTART GO

- I can use push shots to score inside the circle.
- I can aim for targets and improve my accuracy.
- I can shoot after controlling the ball at speed.

EDSTART SHOW

- I can respect defenders and goalkeepers in shooting drills.
- I can celebrate teammates' successful shots.
- I can play fairly during shooting competitions.

Recap: To shoot the ball under control

Lesson 4/6

To select the correct tactics within a game situation

EDSTART KNOW

- I can explain what tactics are in hockey.
- I can describe how attackers and defenders use space.
- I can understand when to pass or dribble in games.

EDSTART GO

- I can perform a range of passes and dribbles in matches.
- I can defend by intercepting passes.
- I can work with my team to score points.

EDSTART SHOW

- I can cooperate with teammates to use tactics.
- I can encourage others in both attacking and defending roles.
- I can respect opponents during competitive games.

Recap: To select the correct tactics within a game situation

Lesson 5/6

To play a small modified game of hockey

EDSTART KNOW

- I can explain the basic rules of hockey.
- I can describe what players are not allowed to do with the stick.
- I can understand when and where I can score.

EDSTART GO

- I can play fairly in small-sided hockey games.
- I can pass and dribble using the correct rules.
- I can score goals following the rules of the circle.

EDSTART SHOW

- I can respect opponents during modified games.
- I can encourage my teammates in 4v4 activities.
- I can accept decisions and play fairly.

Recap: To play a small modified game of hockey

Lesson 6/6

To play a game of hockey

EDSTART KNOW

- I can explain the main rules of 4-a-side hockey.
- I can describe how to use strategies in matches.
- I can understand how to evaluate my performance.

EDSTART GO

- I can play in small-sided hockey matches with tactics.
- I can pass, dribble, and shoot with control.
- I can apply strategies with my teammates.

EDSTART SHOW

- I can respect referees, teammates, and opponents.
- I can encourage my team during games.
- I can show fairness whether my team wins or loses.