



**Recap: What do we know about JagTag?**

**Lesson 1/6**

# To run routes on the QB's call

## **EDSTART KNOW**

- I can explain what the line of scrimmage is.
- I can describe different routes such as slant, curl, and post.
- I can understand that the QB calls the play.

## **EDSTART GO**

- I can run a variety of routes on the QB's call.
- I can catch the ball using the correct technique.
- I can secure the ball before moving to the next play.

## **EDSTART SHOW**

- I can support my teammates by running my route correctly.
- I can respect the defenders when they pull my tag.
- I can encourage others when practising routes.



**Recap: To run routes on the QB's call**

**Lesson 2/6**

# **To use different offensive strategies in game situations**

## **EDSTART KNOW**

- I can explain what a down is.
- I can describe how to create space when attacking.
- I can understand the difference between running and passing plays.

## **EDSTART GO**

- I can use different offensive strategies in games.
- I can combine running and throwing plays to score touchdowns.
- I can work with teammates to call and execute plays.

## **EDSTART SHOW**

- I can listen to and respect the QB's decisions.
- I can encourage my teammates when attacking.
- I can respect my opponents in competitive games.



**Recap: To use different offensive strategies in game situations**

### **Lesson 3/6**

# **To introduce 'man to man' coverage when defending**

#### **EDSTART KNOW**

- I can explain what man-to-man coverage means.
- I can describe why watching an opponent's hips helps in defence.
- I can understand how to intercept passes safely.

#### **EDSTART GO**

- I can stay close to my opponent and track their movement.
- I can defend by tagging or intercepting the ball.
- I can block my opponent from catching the ball.

#### **EDSTART SHOW**

- I can respect my opponent when defending.
- I can encourage my teammates when we defend as a team.
- I can play fairly in 5v5 games.



**Recap: To introduce 'man to man' coverage when defending**

## **Lesson 4/6**

# **To look at 'zone marking' when defending**

### **EDSTART KNOW**

- I can explain what zone defence means.
- I can describe how defenders stay in their area.
- I can understand how to drop back and cover space.

### **EDSTART GO**

- I can defend by covering my zone on the pitch.
- I can react to receivers entering my area.
- I can intercept passes or tag receivers in my zone.

### **EDSTART SHOW**

- I can support my team by holding my position.
- I can respect my opponents when tagging.
- I can encourage teammates to cover their zones.



**Recap: To look at 'zone marking' when defending**

## **Lesson 5/6**

# **To play 5v5 JagTag matches**

### **EDSTART KNOW**

- I can explain the basic rules of Jag Tag.
- I can describe how to organise my team in attack and defence.
- I can understand how to call a play as QB.

### **EDSTART GO**

- I can play in 5v5 matches using the correct rules.
- I can use tactics such as quick passes and running plays.
- I can take turns playing different roles in my team.

### **EDSTART SHOW**

- I can encourage my teammates during matches.
- I can respect the decisions of referees and opponents.
- I can show fairness whether I win or lose.



**Recap: To play 5v5 JagTag matches**

**Lesson 6/6**

# **To play 5v5** **JagTag matches**

## **EDSTART KNOW**

- I can explain offensive and defensive tactics.
- I can describe how to win possession and score touchdowns.
- I can understand how to evaluate my own performance.

## **EDSTART GO**

- I can apply attacking and defending tactics in games.
- I can play in competitive matches following the rules.
- I can compare my performance to improve.

## **EDSTART SHOW**

- I can respect referees and opponents in tournament play.
- I can encourage my teammates throughout matches.
- I can celebrate success and accept defeat fairly.