

**Recap: What do we know about netball?**

**Lesson 1/6**

# **To decide when to use different types of passing and know the correct footwork needed in netball**

<b>EDSTART KNOW</b>	<b>EDSTART GO</b>	<b>EDSTART SHOW</b>
<ul style="list-style-type: none"><li>• I can explain when to use different types of passes.</li><li>• I can describe what a landing foot is and how to pivot.</li><li>• I can understand the rules about footwork faults.</li></ul>	<ul style="list-style-type: none"><li>• I can perform chest, bounce, and overhead passes under pressure.</li><li>• I can pivot to change direction before passing.</li><li>• I can use the correct pass to keep possession.</li></ul>	<ul style="list-style-type: none"><li>• I can work fairly with teammates in passing activities.</li><li>• I can encourage others when they pivot and pass.</li><li>• I can respect defenders when playing keep-ball games.</li></ul>

**Recap: To decide when to use different types of passing and know the correct footwork needed in netball**

**Lesson 2/6**

# **To shoot the ball whilst under pressure**

## **EDSTART KNOW**

- I can explain how to hold the ball when preparing to shoot.
- I can describe the correct shooting technique.
- I can understand where I am allowed to shoot from.

## **EDSTART GO**

- I can shoot using correct balance and follow-through.
- I can score goals under defensive pressure.
- I can shoot from different positions in the circle.

## **EDSTART SHOW**

- I can respect defenders when shooting.
- I can celebrate teammates' successful shots.
- I can play fairly during shooting competitions.

**Recap: To shoot the ball whilst under pressure**

**Lesson 3/6**

# **To understand the roles of each player on the netball team and know the specific rules involved**

<b>EDSTART KNOW</b>	<b>EDSTART GO</b>	<b>EDSTART SHOW</b>
<ul style="list-style-type: none"><li>• I can explain the different positions in netball.</li><li>• I can describe where each position can move.</li><li>• I can understand the 4-second rule.</li></ul>	<ul style="list-style-type: none"><li>• I can pass and receive while respecting position boundaries.</li><li>• I can play in each position during High 5 games.</li><li>• I can apply rules in keep-ball and matches.</li></ul>	<ul style="list-style-type: none"><li>• I can respect my teammates when rotating positions.</li><li>• I can encourage others when playing in new roles.</li><li>• I can respect the rules and play fairly.</li></ul>

**Recap: To understand the roles of each player on the netball team and know the specific rules involved**

## **Lesson 4/6**

**To have the opportunity  
to play in all roles  
on the netball team  
and know the specific  
rules involved**

<b>EDSTART KNOW</b>	<b>EDSTART GO</b>	<b>EDSTART SHOW</b>
<ul style="list-style-type: none"><li>• I can explain the rules of High 5 Netball.</li><li>• I can describe how to move the ball quickly into space.</li><li>• I can understand how to use depth and width when attacking.</li></ul>	<ul style="list-style-type: none"><li>• I can play in all positions during games.</li><li>• I can attack and defend using correct movement.</li><li>• I can move the ball quickly across the court.</li></ul>	<ul style="list-style-type: none"><li>• I can respect teammates when rotating positions.</li><li>• I can encourage others when defending and attacking.</li><li>• I can play fairly in matches.</li></ul>

**Recap: To have the opportunity to play in all roles on the netball team and know the specific rules involved**

## **Lesson 5/6**

# **To play small modified games of netball**

### **EDSTART KNOW**

- I can explain the main rules of netball.
- I can describe how tactics can help a team keep possession.
- I can understand how to apply strategy in small-sided games.

### **EDSTART GO**

- I can apply rules in modified High 5 Netball.
- I can use tactics to help my team attack and defend.
- I can combine skills to play full games.

### **EDSTART SHOW**

- I can respect opponents and officials in games.
- I can support teammates using tactics.
- I can show fairness whether my team wins or loses.

**Recap: To play small modified games of netball**

**Lesson 6/6**

# **To play small-sided games and follow the rules of the game**

## **EDSTART KNOW**

- I can explain the tactics used in matches.
- I can describe the responsibilities of each position.
- I can understand how to lead and support a team.

## **EDSTART GO**

- I can play in tournament-style matches.
- I can rotate positions and adapt to different roles.
- I can pass, shoot, and defend in competitive games.

## **EDSTART SHOW**

- I can respect referees, scorers, and opponents.
- I can encourage my teammates during games.
- I can show sportsmanship whether I win or lose.