

Recap: What do we know about rounders?

Lesson 1/6

To reinforce the techniques of both underarm and overarm throwing and catching

EDSTART KNOW

- I can explain the difference between underarm and overarm throws.
- I can describe how to judge when to use an underarm or overarm catch.
- I can understand why accuracy is important in rounders.

EDSTART GO

- I can throw underarm and overarm to a partner with accuracy.
- I can catch a ball consistently using two hands.
- I can throw to a target from different distances.

EDSTART SHOW

- I can encourage my partner when they throw and catch.
- I can respect others during throwing games.
- I can support my team when fielding in activities.

Recap: To reinforce the techniques of both the underarm and overarm throwing and catching

Lesson 2/6

To develop the underarm bowling technique

EDSTART KNOW

- I can explain how to bowl underarm correctly.
- I can describe the 'no ball' rule.
- I can understand how the bowler helps the game flow.

EDSTART GO

- I can bowl underarm with the correct technique.
- I can aim between the batter's knee and shoulder.
- I can follow the rules to avoid bowling a no ball.

EDSTART SHOW

- I can respect my batting partner when bowling.
- I can encourage my teammates when bowling accurately.
- I can play fairly in bowling competitions.

Recap: To develop the underarm bowling technique

Lesson 3/6

To develop batting skills

EDSTART KNOW

- I can explain how to hold the bat correctly.
- I can describe the correct stance when batting.
- I can understand how to direct the ball into space.

EDSTART GO

- I can stand side-on and swing the bat with control.
- I can hit the ball into different areas of the field.
- I can transfer weight from my back foot to my front foot when batting.

EDSTART SHOW

- I can respect my bowler when batting.
- I can encourage my teammates when they are batting.
- I can play fairly in batting games.

Recap: To develop batting skills

Lesson 4/6

To develop a range of fielding techniques

EDSTART KNOW

- I can explain what the long barrier is.
- I can describe why backing up teammates is important.
- I can understand when to use different types of throws.

EDSTART GO

- I can use the long barrier to stop a ball on the ground.
- I can return the ball quickly to the bowler or bases.
- I can back up teammates to prevent overthrows.

EDSTART SHOW

- I can support my team by communicating when fielding.
- I can respect my partner when practising long barrier.
- I can play fairly in fielding competitions.

Recap: To develop a range of fielding techniques

Lesson 5/6

To develop an understanding of the rules and scoring methods in rounders

EDSTART KNOW

- I can explain the main rules of rounders.
- I can describe how a player is out.
- I can understand how to score a rounder.

EDSTART GO

- I can bowl, bat, and field following the rules.
- I can run around the bases to score.
- I can apply scoring rules in small-sided games.

EDSTART SHOW

- I can respect referees' decisions.
- I can encourage teammates in scoring games.
- I can play fairly in team competitions.

Recap: To develop an understanding of the rules and scoring methods in rounders

Lesson 6/6

To play small games and adhere to the rules of the game

EDSTART KNOW

- I can explain the rules of rounders in full games.
- I can describe how to judge when to run bases.
- I can understand how to work with a team to win.

EDSTART GO

- I can bat, bowl, and field in competitive games.
- I can run bases and judge when to stop or continue.
- I can apply tactics in full matches.

EDSTART SHOW

- I can respect opponents and officials.
- I can encourage my teammates throughout the game.
- I can show fairness whether I win or lose.