

Recap: What do we know about tag rugby?

Lesson 1/6

To dodge a defender when running toward a target area

EDSTART KNOW

- I can explain how to carry a rugby ball correctly.
- I can describe what dodging means in rugby.
- I can understand where the try line is and how to score.

EDSTART GO

- I can run with the ball using two hands.
- I can dodge defenders using changes of speed and direction.
- I can score a try safely by grounding the ball.

EDSTART SHOW

- I can play fairly when dodging and tagging.
- I can encourage teammates during games.
- I can respect defenders when I score.

Recap: To dodge a defender when running toward a target area

Lesson 2/6

To defend and 'tag' an opponent

EDSTART KNOW

- I can explain what tagging is in rugby.
- I can describe the role of a defender.
- I can understand why I should stay low and balanced when defending.

EDSTART GO

- I can tag my opponent safely and fairly.
- I can stay close to the ball carrier to stop them scoring.
- I can return tags quickly after making a tackle.

EDSTART SHOW

- I can respect attackers when tagging.
- I can encourage teammates to defend as a line.
- I can play fairly by handing back tags.

Recap: To defend and 'tag' an opponent

Lesson 3/6

To pass the ball accurately and with speed in both directions whilst on the move

EDSTART KNOW

- I can explain why passes must go backwards in rugby.
- I can describe how to hold and pass the ball correctly.
- I can understand how to support my teammate after passing.

EDSTART GO

- I can pass the ball accurately to my partner.
- I can catch the ball while moving forward.
- I can pass in both directions depending on play.

EDSTART SHOW

- I can respect my teammates when passing.
- I can encourage my partner when catching.
- I can support others by moving into space.

Recap: To pass the ball accurately and with speed in both directions whilst on the move

Lesson 4/6

To attack in teams of 3's and 4's

EDSTART KNOW

- I can explain the role of the dummy half.
- I can describe how to “play the ball.”
- I can understand when to pass and when to run.

EDSTART GO

- I can attack in small groups using passes and runs.
- I can identify gaps in defence and run into them.
- I can combine passes with teammates to score.

EDSTART SHOW

- I can support teammates when attacking.
- I can respect defenders in small games.
- I can play fairly in 3v3 and 4v4 matches.

Recap: To attack in teams of 3's and 4's

Lesson 5/6

To attack as a team

EDSTART KNOW

- I can explain how to restart play after being tagged.
- I can describe the rules of possession in rugby.
- I can understand how to attack as a full team.

EDSTART GO

- I can use teamwork to move the ball forward.
- I can restart the game correctly after being tagged.
- I can attack and support teammates to score tries.

EDSTART SHOW

- I can respect referees and rules.
- I can encourage teammates when attacking.
- I can show fairness whether I win or lose.

Recap: To attack as a team

Lesson 6/6

To play 7-a-side tag rugby games using the techniques of the game

EDSTART KNOW

- **I can explain the rules of Tag Rugby.**
- **I can describe how to use attacking and defending tactics.**
- **I can understand how to officiate and restart play.**

EDSTART GO

- **I can play 7-a-side Tag Rugby matches.**
- **I can use skills from previous lessons in competitive games.**
- **I can officiate and support my team during matches.**

EDSTART SHOW

- **I can respect referees, scorers, and opponents.**
- **I can encourage my teammates throughout tournaments.**
- **I can play fairly and show sportsmanship.**