

Recap: What do we know about dance?

Lesson 1/6

To be able to perform basic Bollywood hand gestures and steps.

EDSTART KNOW

- I can explain that Bollywood dance comes from India.
- I can name and show three hand gestures.
- I can explain why expression is important.

EDSTART GO

- I can perform step-tap with hand gestures.
- I can travel using Bollywood arms and hands.
- I can create a short gesture sequence

EDSTART SHOW

- I can perform with confidence and rhythm.
- I can use gestures to show emotion.
- I can celebrate my partner's effort.

Recap: To be able to perform basic Bollywood hand gestures and steps.

Lesson 2/6

To be able to perform Bollywood footwork patterns in rhythm.

EDSTART KNOW

- I can explain that Bollywood uses rhythm and repetition.
- I can describe canon and unison.
- I can explain how rhythm creates excitement

EDSTART GO

- I can perform steps with claps in rhythm.
- I can work with my group to choreograph a phrase.
- I can perform in both canon and unison.

EDSTART SHOW

- I can perform with energy and rhythm.
- I can stay in time with music and group.
- I can support others in my group.

Recap: To be able to perform Bollywood footwork patterns in rhythm

Lesson 3/6

To be able to use Bollywood poses and expressive movement.

EDSTART KNOW

- I can explain that Bollywood uses dramatic poses.
- I can describe how expression tells a story.
- I can explain how formations change a dance.

EDSTART GO

- I can create an 8-count phrase with steps and poses.
- I can perform confidently in different formations.
- I can add expression to make my dance clearer.

EDSTART SHOW

- I can perform poses proudly.
- I can work with my group to create effective formations.
- I can show emotion through movement

Recap: To be able to use Bollywood poses and expressive movement.

Lesson 4/6

**To be able to choreograph
a Bollywood routine in a
small group.**

EDSTART KNOW	EDSTART GO	EDSTART SHOW
<ul style="list-style-type: none">• I can explain that choreography needs structure.• I can describe canon and unison.• I can name key Bollywood steps.	<ul style="list-style-type: none">• I can work with my group to choreograph a 16-count routine.• I can include gestures, steps, and poses.• I can perform sections in canon and unison.	<ul style="list-style-type: none">• I can perform confidently with my group.• I can stay in rhythm with others.• I can support my team during the performance.

Recap: To be able to choreograph a Bollywood routine in a small group.

Lesson 5/6

To be able to combine group routines into a whole-class Bollywood performance.

EDSTART KNOW

- I can explain why transitions are important
- I can describe how sequencing creates a full performance.
- I can explain how Bollywood uses flair and teamwork.

EDSTART GO

- I can perform my group routine as part of a class dance.
- I can practise smooth entries and exits.
- I can use arms and energy during transitions.

EDSTART SHOW

- I can perform with Bollywood spirit.
- I can be confident in a class performance.
- I can support others in transitions.

Recap: To be able to combine group routines into a whole-class Bollywood performance.

Lesson 6/6

To be able to perform a Bollywood dance and evaluate performance.

EDSTART KNOW

- I can explain that Bollywood dance tells stories with expression.
- I can describe what went well in my performance.
- I can explain one area to improve.

EDSTART GO

- I can perform the class dance from start to finish.
- I can use rhythm, gestures, and expression.
- I can practise performing to an audience

EDSTART SHOW

- I can perform confidently with my class.
- I can celebrate others' achievements.
- I can reflect using "Two Stars and a Wish."