

Recap: What do we know about rounders?

Lesson 1/6

To reinforce the underarm throwing and catching techniques

EDSTART KNOW

- I can explain when to use the underarm throw.
- I can describe how to judge the flight of the ball.
- I can understand how to use two hands to catch securely.

EDSTART GO

- I can throw underarm with accuracy over a short distance.
- I can catch consistently using correct technique.
- I can apply throwing and catching in group games.

EDSTART SHOW

- I can encourage my partner during practice.
- I can respect teammates when they attempt to catch.
- I can celebrate success fairly during challenges.

Recap: To reinforce the underarm throwing and catching techniques

Lesson 2/6

To reinforce the overarm throwing and catching techniques

EDSTART KNOW

- I can explain when to use the overarm throw.
- I can describe how to transfer weight when throwing.
- I can understand how to prepare for catching from a distance.

EDSTART GO

- I can throw overarm with power and accuracy.
- I can consistently catch balls thrown at longer distances.
- I can apply overarm throwing in fielding games.

EDSTART SHOW

- I can respect teammates when working in pairs.
- I can encourage others when they practise catching.
- I can show fairness in team challenges.

Recap: To reinforce the overarm throwing and catching techniques

Lesson 3/6

To develop the underarm bowling technique

EDSTART KNOW

- I can explain how to bowl underarm in rounders.
- I can describe the 'no ball' rule.
- I can understand why the ball must be bowled between knee and shoulder height.

EDSTART GO

- I can bowl the ball underarm to a batter with accuracy.
- I can practise bowling with correct footwork and release.
- I can apply bowling in small games.

EDSTART SHOW

- I can respect batters when bowling.
- I can encourage teammates during bowling challenges.
- I can celebrate effort in bowling fairly.

Recap: To develop the underarm bowling technique

Lesson 4/6

To develop a range of fielding techniques

EDSTART KNOW

- I can explain the long barrier technique.
- I can describe when to use overarm or underarm throws.
- I can understand how to judge the flight of the ball.

EDSTART GO

- I can perform the long barrier to stop a ball.
- I can return the ball quickly to the bowler or base.
- I can apply fielding skills in games.

EDSTART SHOW

- I can respect teammates when fielding together.
- I can encourage others when they practise stopping the ball.
- I can celebrate successful team fielding.

Recap: To develop a range of fielding techniques

Lesson 5/6

To develop batting skills

EDSTART KNOW

- I can explain how to hold the bat correctly.
- I can describe the correct stance for batting.
- I can understand how to direct the ball into space.

EDSTART GO

- I can strike the ball with control using correct technique.
- I can practise batting in pairs and small groups.
- I can hit the ball into different areas of the field.

EDSTART SHOW

- I can respect fielders when batting.
- I can encourage teammates when they bat.
- I can celebrate everyone's effort fairly.

Recap: To develop batting skills

Lesson 6/6

**To play small
games and
adhere to the
rules of the game**

EDSTART KNOW

- I can explain the basic rules of rounders.
- I can describe how to score runs and get players out.
- I can understand how to apply my skills in matches.

EDSTART GO

- I can play in small-sided rounders matches.
- I can combine batting, bowling, and fielding skills.
- I can follow the rules during competitive play.

EDSTART SHOW

- I can respect referees and opponents.
- I can encourage my team during games.
- I can show fairness whether I win or lose.