

Recap: What do we know about tag rugby?

Lesson 1/6

To dodge a defender when running toward a target area

EDSTART KNOW

- I can explain why dodging helps me avoid defenders.
- I can describe how to carry the ball correctly when running.
- I can understand how to identify space on the pitch.

EDSTART GO

- I can dodge a tagger successfully using speed and direction.
- I can run into space while holding the ball securely.
- I can apply dodging in 5v5 end zone games.

EDSTART SHOW

- I can respect opponents when they tag me.
- I can encourage teammates when they dodge successfully.
- I can play fairly in all tag games.

Recap: To dodge a defender when running toward a target area

Lesson 2/6

To defend and 'tag' an opponent

EDSTART KNOW

- I can explain how to pull a tag fairly.
- I can describe why the ball carrier is the most dangerous attacker.
- I can understand the role of defenders in stopping forward play.

EDSTART GO

- I can approach attackers safely to remove a tag.
- I can use positioning to delay and stop attackers.
- I can apply defence in 5v5 end zone games.

EDSTART SHOW

- I can respect attackers when tagging them.
- I can encourage my teammates in defence.
- I can celebrate defensive effort fairly.

Recap: To defend and 'tag' an opponent

Lesson 3/6

To reinforce the passing technique with speed in both directions

EDSTART KNOW

- I can explain why rugby passes must go backwards.
- I can describe how to stand side-on when passing.
- I can understand how to receive the ball safely.

EDSTART GO

- I can pass accurately to teammates on both sides.
- I can combine passing with movement in games.
- I can keep possession through consistent passing.

EDSTART SHOW

- I can respect teammates when they pass or catch.
- I can encourage others during passing drills.
- I can support my team in line ball challenges.

Recap: To reinforce the passing technique with speed in both directions

Lesson 4/6

To pass the ball accurately and with speed in both directions whilst on the move

EDSTART KNOW

- I can explain how to pass while moving forwards.
- I can describe why support players must stay behind the ball.
- I can understand how to use passing waves to beat defenders.

EDSTART GO

- I can pass accurately while running.
- I can support my teammates by staying behind the ball carrier.
- I can apply passing on the move in 3v1 and conditioned games.

EDSTART SHOW

- I can respect teammates by timing my passes well.
- I can encourage others during passing waves.
- I can celebrate my team's effort fairly.

Recap: To pass the ball accurately and with speed in both directions whilst on the move

Lesson 5/6

To attack in teams of 3's and 4's

EDSTART KNOW

- **I can explain how to attack using space and support.**
- **I can describe the role of the dummy half.**
- **I can understand when to pass and when to run.**

EDSTART GO

- **I can combine running, passing, and dodging in attack.**
- **I can play in 3s and 4s to advance towards the try line.**
- **I can apply attacking strategies in end zone games.**

EDSTART SHOW

- **I can respect defenders during attacking drills.**
- **I can encourage my team when working together.**
- **I can celebrate attacking effort as much as scoring.**

Recap: To attack in teams of 3's and 4's

Lesson 6/6

To play 7-a-side tag rugby games using the techniques of the game

EDSTART KNOW

- I can explain the main rules of Tag Rugby.
- I can describe tactics for attack and defence.
- I can understand how to restart and play the ball.

EDSTART GO

- I can combine dodging, passing, tagging, and attacking in 5v5 matches.
- I can follow rules in competitive games.
- I can use tactics to help my team succeed.

EDSTART SHOW

- I can respect referees and opponents.
- I can encourage teammates throughout the game.
- I can show fairness whether I win or lose.