

**Recap: What do we know about hockey?**

## **Lesson 1/6**

# **To develop passing and controlling the ball, both stationary and on the move in hockey**

### **EDSTART KNOW**

- I can explain how to use the flat side of the stick.
- I can describe how to position my stick to control the ball.
- I can understand when to pass to a teammate.

### **EDSTART GO**

- I can dribble the ball with control.
- I can pass accurately to a partner.
- I can use passing in games like Battleships and Champion of the Ring.

### **EDSTART SHOW**

- I can respect my teammates when sharing equipment.
- I can encourage my partner in passing games.
- I can celebrate effort as well as success.

**Recap: To develop passing and controlling a hockey ball, both stationary and on the move**

**Lesson 2/6**

# To develop an understanding of the basic rules of hockey

## **EDSTART KNOW**

- I can explain the basic rules of hockey (no feet, no back of stick).
- I can describe why rules keep the game safe.
- I can understand how to restart play.

## **EDSTART GO**

- I can dribble through gates with control.
- I can pass and move into space in 4 Squares.
- I can apply rules in small-sided games.

## **EDSTART SHOW**

- I can respect referees and teammates.
- I can encourage my team when learning new rules.
- I can play fairly whether I win or lose.

**Recap: To develop an understanding of the basic rules of hockey**

**Lesson 3/6**

# To be able to play a game of hockey

## **EDSTART KNOW**

- I can explain how to start and restart hockey games.
- I can describe how to keep possession as a team.
- I can understand when to pass, dribble, or shoot.

## **EDSTART GO**

- I can play small-sided hockey matches.
- I can dribble and pass with control.
- I can apply tactics like spacing and teamwork.

## **EDSTART SHOW**

- I can respect opponents and referees.
- I can encourage my teammates in matches.
- I can show fairness in games.

**Recap: What do we know about tag rugby?**

**Lesson 4/6**

# **To develop passing the ball accurately whilst on the move in tag rugby**

## **EDSTART KNOW**

- I can explain that rugby passes must go backwards.
- I can describe how to stand side-on when passing.
- I can understand how to pass while moving forward.

## **EDSTART GO**

- I can pass on the move to teammates.
- I can catch the ball while running.
- I can apply passing skills in Line Ball and 3v1 games.

## **EDSTART SHOW**

- I can respect my teammates by passing fairly.
- I can encourage others in group challenges.
- I can celebrate team effort fairly.

**Recap: To develop passing the ball accurately whilst on the move in tag rugby**

**Lesson 5/6**

# To develop attacking as individuals, 2's and 3's

## **EDSTART KNOW**

- I can explain how to attack by finding space.
- I can describe when to pass and when to run.
- I can understand how to support my teammates.

## **EDSTART GO**

- I can use speed and direction to beat defenders.
- I can pass to teammates when space is blocked.
- I can apply attacking skills in 3v3 matches.

## **EDSTART SHOW**

- I can respect defenders during games.
- I can encourage my teammates to keep trying.
- I can celebrate effort in attack fairly.

**Recap: To develop attacking as individuals, 2's and 3's**

## **Lesson 6/6**

# **To be able to play 4-a-side tag rugby games using the techniques and rules of the game**

### **EDSTART KNOW**

- **I can explain the rules of Tag Rugby.**
- **I can describe the difference between attacking and defending.**
- **I can understand how to use tactics in matches.**

### **EDSTART GO**

- **I can play 4v4 Tag Rugby matches.**
- **I can combine dodging, passing, and tagging skills.**
- **I can follow rules while competing.**

### **EDSTART SHOW**

- **I can respect referees, teammates, and opponents.**
- **I can encourage my team during matches.**
- **I can show fairness whether I win or lose.**