

Recap: What do we know about hockey?

Lesson 1/6

**To develop passing and controlling the ball,
both stationary and on the move in hockey**

EDSTART KNOW	EDSTART GO	EDSTART SHOW
<ul style="list-style-type: none">• I can explain how to use the flat side of the stick.• I can describe how to position my stick to control the ball.• I can understand when to pass to a teammate.	<ul style="list-style-type: none">• I can dribble the ball with control.• I can pass accurately to a partner.• I can use passing in games like Battleships and Champion of the Ring.	<ul style="list-style-type: none">• I can respect my teammates when sharing equipment.• I can encourage my partner in passing games.• I can celebrate effort as well as success.

Recap: To develop passing and controlling a hockey ball, both stationary and on the move

Lesson 2/6

To develop an understanding of the basic rules of hockey

EDSTART KNOW

- I can explain the basic rules of hockey (no feet, no back of stick).
- I can describe why rules keep the game safe.
- I can understand how to restart play.

EDSTART GO

- I can dribble through gates with control.
- I can pass and move into space in 4 Squares.
- I can apply rules in small-sided games.

EDSTART SHOW

- I can respect referees and teammates.
- I can encourage my team when learning new rules.
- I can play fairly whether I win or lose.

Recap: To develop an understanding of the basic rules of hockey

Lesson 3/6

To be able to play a game of hockey

EDSTART KNOW

- I can explain how to start and restart hockey games.
- I can describe how to keep possession as a team.
- I can understand when to pass, dribble, or shoot.

EDSTART GO

- I can play small-sided hockey matches.
- I can dribble and pass with control.
- I can apply tactics like spacing and teamwork.

EDSTART SHOW

- I can respect opponents and referees.
- I can encourage my teammates in matches.
- I can show fairness in games.

Recap: What do we know about tag rugby?

Lesson 4/6

To develop passing the ball accurately whilst on the move in tag rugby

EDSTART KNOW	EDSTART GO	EDSTART SHOW
<ul style="list-style-type: none">• I can explain that rugby passes must go backwards.• I can describe how to stand side-on when passing.• I can understand how to pass while moving forward.	<ul style="list-style-type: none">• I can pass on the move to teammates.• I can catch the ball while running.• I can apply passing skills in Line Ball and 3v1 games.	<ul style="list-style-type: none">• I can respect my teammates by passing fairly.• I can encourage others in group challenges.• I can celebrate team effort fairly.

Recap: To develop passing the ball accurately whilst on the move in tag rugby

Lesson 5/6

To develop attacking as individuals, 2's and 3's

EDSTART KNOW	EDSTART GO	EDSTART SHOW
<ul style="list-style-type: none">• I can explain how to attack by finding space.• I can describe when to pass and when to run.• I can understand how to support my teammates.	<ul style="list-style-type: none">• I can use speed and direction to beat defenders.• I can pass to teammates when space is blocked.• I can apply attacking skills in 3v3 matches.	<ul style="list-style-type: none">• I can respect defenders during games.• I can encourage my teammates to keep trying.• I can celebrate effort in attack fairly.

Recap: To develop attacking as individuals, 2's and 3's

Lesson 6/6

**To be able to play
4-a-side tag rugby
games using the
techniques and
rules of the game**

EDSTART KNOW	EDSTART GO	EDSTART SHOW
<ul style="list-style-type: none">• I can explain the rules of Tag Rugby.• I can describe the difference between attacking and defending.• I can understand how to use tactics in matches.	<ul style="list-style-type: none">• I can play 4v4 Tag Rugby matches.• I can combine dodging, passing, and tagging skills.• I can follow rules while competing.	<ul style="list-style-type: none">• I can respect referees, teammates, and opponents.• I can encourage my team during matches.• I can show fairness whether I win or lose.