

Recap: What do we know about rounders?

Lesson 1/6

To develop the underarm bowling technique in rounders

EDSTART KNOW

- I can explain how to bowl underarm in Rounders.
- I can describe where the ball must travel to be fair (between knee and shoulder).
- I can understand what a “no ball” is.

EDSTART GO

- I can bowl with an underarm throw using the correct technique.
- I can aim my bowl towards the batter accurately.
- I can collect and return the ball safely after bowling.

EDSTART SHOW

- I can respect my partner when practising bowling.
- I can encourage others to keep trying.
- I can celebrate improvements in accuracy.

Recap: To develop the underarm bowling technique in rounders

Lesson 2/6

To develop the correct batting technique and be able to make contact with the ball travelling towards them in rounders

EDSTART KNOW	EDSTART GO	EDSTART SHOW
<ul style="list-style-type: none">• I can explain the correct batting stance.• I can describe how to swing the bat parallel to the floor.• I can understand why I must keep my eyes on the ball.	<ul style="list-style-type: none">• I can strike the ball with a bat using correct technique.• I can practise batting from different types of feed.• I can use batting in games	<ul style="list-style-type: none">• I can respect my partner when they are batting.• I can encourage others to make contact with the ball.• I can celebrate all attempts fairly.

Recap: To develop the correct batting technique and be able to make contact with the ball travelling towards them in rounders

Lesson 3/6

To play small modified games of rounders and adhere to the simple rules of the game

EDSTART KNOW	EDSTART GO	EDSTART SHOW
<ul style="list-style-type: none">• I can explain the basic rules of Rounders.• I can describe the positions on the field.• I can understand how to score runs.	<ul style="list-style-type: none">• I can run safely between bases.• I can field by returning the ball to the bowler.• I can apply rules in small-sided games.	<ul style="list-style-type: none">• I can respect referees and opponents.• I can encourage my teammates in matches.• I can play fairly whether I win or lose.

Recap: What do we know about cricket?

Lesson 4/6

To develop playing the correct batting shots from a variety of different feeds in cricket

EDSTART KNOW

- I can explain how to stand side-on when batting.
- I can describe the grip and stance needed for shots.
- I can understand the difference between legside and offside.

EDSTART GO

- I can strike the ball with correct technique.
- I can place shots towards chosen sides of the field.
- I can rotate roles in batting lanes and group games.

EDSTART SHOW

- I can respect bowlers and fielders when batting.
- I can encourage others to aim shots accurately.
- I can celebrate effort as well as success.

Recap: To develop playing the correct batting shots from a variety of different feeds in cricket

Lesson 5/6

**To develop an
understanding
of the rules of cricket
and follow them
in small games**

EDSTART KNOW	EDSTART GO	EDSTART SHOW
<ul style="list-style-type: none">• I can explain the rules of Kwik Cricket.• I can describe how to bowl with a straight arm.• I can understand how to score runs.	<ul style="list-style-type: none">• I can bowl using correct grip and action.• I can bat in pairs and rotate fairly.• I can apply rules in small-sided games.	<ul style="list-style-type: none">• I can respect my teammates in games.• I can encourage others during cricket matches.• I can play fairly in competition.

Recap: To develop an understanding of the rules of cricket and follow them in small games

Lesson 6/6

To play small/ modified games of rotational cricket

EDSTART KNOW

- I can explain how rotational cricket works.
- I can describe how roles change during play.
- I can understand how to get batters out.

EDSTART GO

- I can rotate between batting, bowling, and fielding.
- I can score and record runs correctly.
- I can play matches using the correct rules.

EDSTART SHOW

- I can respect referees and opponents.
- I can encourage teammates during matches.
- I can show fairness whether I win or lose.