

Recap: What do we know about JagTag?

Lesson 1/6

To develop the quarterback throwing technique in JagTag

EDSTART KNOW

- I can explain how to stand side-on when throwing.
- I can describe why I need to step towards my target.
- I can understand how to follow through after a throw.

EDSTART GO

- I can throw with accuracy using correct technique.
- I can pass to teammates in games like Jags in the Middle.
- I can apply throwing in small-sided activities.

EDSTART SHOW

- I can respect my partner when throwing and catching.
- I can encourage others in passing games.
- I can celebrate effort in challenges fairly.

Recap: To introduce the quarterback throwing technique in JagTag

Lesson 2/6

To develop the catching technique in JagTag

EDSTART KNOW

- I can explain the difference between high, medium, and low catches.
- I can describe how to watch the tip of the ball into my hands.
- I can understand how to secure the ball after catching.

EDSTART GO

- I can perform diamond and basket catches with control.
- I can catch in movement during Receiver Gauntlet.
- I can apply catching in 4v4 Endzone games.

EDSTART SHOW

- I can respect my partner when practising catches.
- I can encourage teammates in catching challenges.
- I can celebrate effort fairly in small matches.



Recap: To develop the catching technique in JagTag

Lesson 3/6

To develop the technique of handing off the ball in JagTag

EDSTART KNOW

- I can explain how a QB hands off the ball to the running back.
- I can describe how to place the ball firmly in the runner's stomach.
- I can understand when to use a handoff in play.

EDSTART GO

- I can perform a correct handoff with control.
- I can combine centre snaps, QB, and RB roles in plays.
- I can apply handoffs in small-sided Endzone games.

EDSTART SHOW

- I can respect others when giving and receiving the ball.
- I can encourage my teammates in running plays.
- I can celebrate effort whether I score or not.



Recap: To develop the technique of handing off the ball in JagTag

Lesson 4/6

To develop the technique of receiving a hand-off in JagTag

EDSTART KNOW

- I can explain how to hold the ball safely after a handoff.
- I can describe the “elbows up and down” technique.
- I can understand how to secure the ball using 5 points of contact.

EDSTART GO

- I can receive a handoff and tuck the ball securely.
- I can run into space while protecting the ball.
- I can apply handoff receiving in Endzone games.

EDSTART SHOW

- I can respect my QB when receiving the ball.
- I can encourage others to run confidently.
- I can celebrate improvements fairly.



Recap: To develop the technique of receiving a hand-off in JagTag

Lesson 5/6

To develop basic route running in JagTag

EDSTART KNOW

- I can explain what routes are in Jag Tag.
- I can describe comeback, curl, in, and out routes.
- I can understand why communication with the QB is important.

EDSTART GO

- I can run simple routes with accuracy.
- I can receive passes while running routes.
- I can apply routes in conditioned games with defenders.

EDSTART SHOW

- I can respect defenders when running routes.
- I can encourage my teammates when practising.
- I can celebrate effort as well as success.



Recap: To develop basic route running in JagTag

Lesson 6/6

To develop basic offense vs defense games in JagTag

EDSTART KNOW

- I can explain the 4 downs rule.
- I can describe how offence and defence roles differ.
- I can understand the role of QB and WR in matches.

EDSTART GO

- I can apply routes and throws in 4v4 matches.
- I can work with my team to move the ball forwards.
- I can defend fairly by tagging or intercepting.

EDSTART SHOW

- I can respect referees, teammates, and opponents.
- I can encourage my team during matches.
- I can play fairly whether I win or lose.