



Recap: What do we know about JagTag?

Lesson 1/6

# To develop the quarterback throwing technique in JagTag

EDSTART KNOW	EDSTART GO	EDSTART SHOW
<ul style="list-style-type: none"><li>I can explain how to stand side-on when throwing.</li><li>I can describe why I need to step towards my target.</li><li>I can understand how to follow through after a throw.</li></ul>	<ul style="list-style-type: none"><li>I can throw with accuracy using correct technique.</li><li>I can pass to teammates in games like Jags in the Middle.</li><li>I can apply throwing in small-sided activities.</li></ul>	<ul style="list-style-type: none"><li>I can respect my partner when throwing and catching.</li><li>I can encourage others in passing games.</li><li>I can celebrate effort in challenges fairly.</li></ul>



**Recap: To introduce the quarterback throwing technique in JagTag**

**Lesson 2/6**

# To develop the catching technique in JagTag

## EDSTART KNOW

- I can explain the difference between high, medium, and low catches.
- I can describe how to watch the tip of the ball into my hands.
- I can understand how to secure the ball after catching.

## EDSTART GO

- I can perform diamond and basket catches with control.
- I can catch in movement during Receiver Gauntlet.
- I can apply catching in 4v4 Endzone games.

## EDSTART SHOW

- I can respect my partner when practising catches.
- I can encourage teammates in catching challenges.
- I can celebrate effort fairly in small matches.

**Recap: To develop the catching technique in JagTag**

## Lesson 3/6

# To develop the technique of handing off the ball in JagTag

EDSTART KNOW	EDSTART GO	EDSTART SHOW
<ul style="list-style-type: none"><li>I can explain how a QB hands off the ball to the running back.</li><li>I can describe how to place the ball firmly in the runner's stomach.</li><li>I can understand when to use a handoff in play.</li></ul>	<ul style="list-style-type: none"><li>I can perform a correct handoff with control.</li><li>I can combine centre snaps, QB, and RB roles in plays.</li><li>I can apply handoffs in small-sided Endzone games.</li></ul>	<ul style="list-style-type: none"><li>I can respect others when giving and receiving the ball.</li><li>I can encourage my teammates in running plays.</li><li>I can celebrate effort whether I score or not.</li></ul>



**Recap: To develop the technique of handing off the ball in JagTag**

## Lesson 4/6

# To develop the technique of receiving a hand-off in JagTag

EDSTART KNOW	EDSTART GO	EDSTART SHOW
<ul style="list-style-type: none"><li>I can explain how to hold the ball safely after a handoff.</li><li>I can describe the “elbows up and down” technique.</li><li>I can understand how to secure the ball using 5 points of contact.</li></ul>	<ul style="list-style-type: none"><li>I can receive a handoff and tuck the ball securely.</li><li>I can run into space while protecting the ball.</li><li>I can apply handoff receiving in Endzone games.</li></ul>	<ul style="list-style-type: none"><li>I can respect my QB when receiving the ball.</li><li>I can encourage others to run confidently.</li><li>I can celebrate improvements fairly.</li></ul>



**Recap: To develop the technique of receiving a hand-off in JagTag**

## Lesson 5/6

# To develop basic route running in JagTag

### EDSTART KNOW

- I can explain what routes are in Jag Tag.
- I can describe comeback, curl, in, and out routes.
- I can understand why communication with the QB is important.

### EDSTART GO

- I can run simple routes with accuracy.
- I can receive passes while running routes.
- I can apply routes in conditioned games with defenders.

### EDSTART SHOW

- I can respect defenders when running routes.
- I can encourage my teammates when practising.
- I can celebrate effort as well as success.



Recap: To develop basic route running in JagTag

Lesson 6/6

# To develop basic offense vs defense games in JagTag

EDSTART KNOW	EDSTART GO	EDSTART SHOW
<ul style="list-style-type: none"><li>I can explain the 4 downs rule.</li><li>I can describe how offence and defence roles differ.</li><li>I can understand the role of QB and WR in matches.</li></ul>	<ul style="list-style-type: none"><li>I can apply routes and throws in 4v4 matches.</li><li>I can work with my team to move the ball forwards.</li><li>I can defend fairly by tagging or intercepting.</li></ul>	<ul style="list-style-type: none"><li>I can respect referees, teammates, and opponents.</li><li>I can encourage my team during matches.</li><li>I can play fairly whether I win or lose.</li></ul>