

**Recap: What do we know about rounders?**

## **Lesson 1/6**

# **To develop the overarm throwing and catching technique in rounders**

### **EDSTART KNOW**

- I can explain how to stand side-on when throwing overarm.
- I can describe how to judge the flight of a ball.
- I can understand when to use overarm instead of underarm.

### **EDSTART GO**

- I can throw overarm with accuracy across distances.
- I can catch balls using the correct hand position.
- I can apply throwing and catching in games.

### **EDSTART SHOW**

- I can respect my partner when throwing and catching.
- I can encourage others during target practice.
- I can celebrate effort fairly.

**Recap:** To develop the overarm throwing and catching technique in rounders

## **Lesson 2/6**

# **To develop a range of fielding techniques in rounders**

### **EDSTART KNOW**

- I can explain how to use the long barrier.
- I can describe how to get in line with the ball.
- I can understand which throw to use and when.

### **EDSTART GO**

- I can use the long barrier to stop a ball.
- I can return a ball to my partner with control.
- I can apply fielding in modified games.

### **EDSTART SHOW**

- I can respect teammates in fielding games.
- I can encourage others to improve their technique.
- I can celebrate successful stops as a team.

Recap: To develop a range of fielding techniques in rounders

## Lesson 3/6

# To develop the underarm bowling technique in rounders

### EDSTART KNOW

- I can explain how to bowl underarm in Rounders.
- I can describe how to release the ball between knee and shoulder.
- I can understand what a “no ball” is.

### EDSTART GO

- I can bowl using correct technique.
- I can practise bowling towards a target or batter.
- I can apply bowling in modified games.

### EDSTART SHOW

- I can respect my partner when practising bowling.
- I can encourage others to improve.
- I can celebrate effort and accuracy fairly.

**Recap: What do we know about cricket?**

## **Lesson 4/6**

# **To develop fielding the ball in a variety of different ways in cricket**

### **EDSTART KNOW**

- I can explain the long barrier technique.
- I can describe where to throw the ball after fielding.
- I can understand how the short barrier is used too.

### **EDSTART GO**

- I can use the long barrier to stop the ball.
- I can throw at stumps with accuracy.
- I can protect the stumps in group activities.

### **EDSTART SHOW**

- I can respect my teammates in fielding drills.
- I can encourage others to aim accurately.
- I can celebrate defensive effort fairly.

**Recap: To develop fielding the ball in a variety of different ways in cricket**

## **Lesson 5/6**

# **To develop bowling the ball overarm towards a batsman in cricket**

### **EDSTART KNOW**

- **I can explain how to grip the ball when bowling.**
- **I can describe why the bowling arm must stay straight.**
- **I can understand how to release the ball towards the target.**

### **EDSTART GO**

- **I can bowl overarm using correct action.**
- **I can aim my bowl towards stumps with accuracy.**
- **I can apply bowling in Rotation Cricket.**

### **EDSTART SHOW**

- **I can respect others when bowling.**
- **I can encourage teammates during practice.**
- **I can celebrate effort and accuracy fairly.**

**Recap: To develop bowling the ball overarm towards a batsman in cricket**

## **Lesson 6/6**

# **To develop playing the correct batting shots from a variety of different feeds in cricket**

### **EDSTART KNOW**

- I can explain the correct batting stance.
- I can describe how to plant my front foot when hitting.
- I can understand how to direct shots into space.

### **EDSTART GO**

- I can hit the ball on both sides of my body.
- I can place shots into target areas.
- I can apply batting in Paired Cricket games.

### **EDSTART SHOW**

- I can respect bowlers and fielders when batting.
- I can encourage my partner in batting games.
- I can celebrate all attempts fairly.