

**Recap: What do we know about rounders?**

## **Lesson 1/6**

# **To introduce the underarm bowling technique in rounders**

### **EDSTART KNOW**

- I can explain how to grip and release the ball when bowling.
- I can describe where the ball must travel for it to be fair.
- I can understand the rules for a “no ball.”

### **EDSTART GO**

- I can bowl underarm with correct technique.
- I can aim the ball between the batter's knees and shoulders.
- I can practise bowling to a partner consistently.

### **EDSTART SHOW**

- I can respect my partner when taking turns.
- I can encourage others to keep trying.
- I can celebrate effort as well as accuracy.

**Recap: To introduce the underarm bowling technique in rounders**

## **Lesson 2/6**

# **To introduce the correct batting technique and be able to make contact with the ball travelling towards them in rounders**

### **EDSTART KNOW**

- I can explain how to hold the bat correctly.
- I can describe why standing sideways helps me strike.
- I can understand how to watch the ball onto the bat.

### **EDSTART GO**

- I can hit a ball served towards me.
- I can adjust my swing to contact the ball.
- I can play batting in games.

### **EDSTART SHOW**

- I can respect others when it's their turn to bat.
- I can encourage my partner to keep practising.
- I can celebrate everyone's effort in hitting.

**Recap: To introduce the correct batting technique and be able to make contact with the ball travelling towards them in rounders**

## **Lesson 3/6**

# **To introduce small modified games of rounders and adhere to the simple rules of the game**

### **EDSTART KNOW**

- **I can explain the basic rules of Rounders.**
- **I can describe how to score runs safely.**
- **I can understand the roles of bowler, batter, and fielder.**

### **EDSTART GO**

- **I can play small games like Danish Long Ball.**
- **I can follow rules in team matches.**
- **I can run safely between bases.**

### **EDSTART SHOW**

- **I can respect referees and teammates.**
- **I can encourage my team in matches.**
- **I can celebrate fairness and teamwork.**

**Recap: What do we know about cricket?**

## **Lesson 4/6**

# **To introduce playing the correct batting shots from a variety of different feeds in cricket**

### **EDSTART KNOW**

- I can explain how to stand correctly when batting.
- I can describe how to hold the cricket bat.
- I can understand how to play shots on both sides of my body.

### **EDSTART GO**

- I can hit a ball bowled towards me.
- I can practise batting in lanes with partners.
- I can apply batting in games .

### **EDSTART SHOW**

- I can respect my partner when they are batting.
- I can encourage my group in drills and games.
- I can celebrate good shots fairly.

**Recap: To introduce playing the correct batting shots from a variety of different feeds in cricket**

**Lesson 5/6**

# **To introduce the rules of cricket and follow them in small games**

## **EDSTART KNOW**

- **I can explain the basic rules of Cricket.**
- **I can describe how to get a batter out.**
- **I can understand the role of bowler, batter, and fielders.**

## **EDSTART GO**

- **I can play small games of Kwik Cricket.**
- **I can apply batting, bowling, and fielding skills.**
- **I can follow scoring rules in matches.**

## **EDSTART SHOW**

- **I can respect opponents and referees.**
- **I can encourage my team in games.**
- **I can celebrate fairness and effort.**

**Recap: To introduce the rules of cricket and follow them in small games**

**Lesson 6/6**

# **To play small/ modified games of rotational cricket**

## **EDSTART KNOW**

- I can explain the rules of Rotational Cricket.
- I can describe how players switch roles in matches.
- I can understand how scoring works in games.

## **EDSTART GO**

- I can play Rotational Cricket using all my skills.
- I can apply batting, bowling, and fielding in real matches.
- I can follow the rules of the game.

## **EDSTART SHOW**

- I can respect referees, teammates, and opponents.
- I can encourage my group during matches.
- I can celebrate teamwork and effort.