

**Recap: What do we know about rounders?**

## **Lesson 1/6**

# **To introduce the underarm bowling technique in rounders**

### **EDSTART KNOW**

- I can explain how to grip and release the ball when bowling.
- I can describe where the ball must travel for it to be fair.
- I can understand the rules for a “no ball.”

### **EDSTART GO**

- I can bowl underarm with correct technique.
- I can aim the ball between the batter's knees and shoulders.
- I can practise bowling to a partner consistently.

### **EDSTART SHOW**

- I can respect my partner when taking turns.
- I can encourage others to keep trying.
- I can celebrate effort as well as accuracy.

**Recap: To introduce the underarm bowling technique in rounders**

## **Lesson 2/6**

**To introduce the correct  
batting technique and  
be able to make contact  
with the ball travelling  
towards them in rounders**

### **EDSTART KNOW**

- I can explain how to hold the bat correctly.
- I can describe why standing sideways helps me strike.
- I can understand how to watch the ball onto the bat.

### **EDSTART GO**

- I can hit a ball served towards me.
- I can adjust my swing to contact the ball.
- I can play batting in games.

### **EDSTART SHOW**

- I can respect others when it's their turn to bat.
- I can encourage my partner to keep practising.
- I can celebrate everyone's effort in hitting.

**Recap: To introduce the correct batting technique and be able to make contact with the ball travelling towards them in rounders**

### **Lesson 3/6**

# **To introduce small modified games of rounders and adhere to the simple rules of the game**

#### **EDSTART KNOW**

- I can explain the basic rules of Rounders.
- I can describe how to score runs safely.
- I can understand the roles of bowler, batter, and fielder.

#### **EDSTART GO**

- I can play small games like Danish Long Ball.
- I can follow rules in team matches.
- I can run safely between bases.

#### **EDSTART SHOW**

- I can respect referees and teammates.
- I can encourage my team in matches.
- I can celebrate fairness and teamwork.

**Recap: What do we know about cricket?**

**Lesson 4/6**

# **To introduce playing the correct batting shots from a variety of different feeds in cricket**

## **EDSTART KNOW**

- I can explain how to stand correctly when batting.
- I can describe how to hold the cricket bat.
- I can understand how to play shots on both sides of my body.

## **EDSTART GO**

- I can hit a ball bowled towards me.
- I can practise batting in lanes with partners.
- I can apply batting in games .

## **EDSTART SHOW**

- I can respect my partner when they are batting.
- I can encourage my group in drills and games.
- I can celebrate good shots fairly.

**Recap: To introduce playing the correct batting shots from a variety of different feeds in cricket**

## **Lesson 5/6**

# **To introduce the rules of cricket and follow them in small games**

### **EDSTART KNOW**

- I can explain the basic rules of Cricket.
- I can describe how to get a batter out.
- I can understand the role of bowler, batter, and fielders.

### **EDSTART GO**

- I can play small games of Kwik Cricket.
- I can apply batting, bowling, and fielding skills.
- I can follow scoring rules in matches.

### **EDSTART SHOW**

- I can respect opponents and referees.
- I can encourage my team in games.
- I can celebrate fairness and effort.

**Recap: To introduce the rules of cricket and follow them in small games**

**Lesson 6/6**

# **To play small/ modified games of rotational cricket**

**EDSTART KNOW**

- I can explain the rules of Rotational Cricket.
- I can describe how players switch roles in matches.
- I can understand how scoring works in games.

**EDSTART GO**

- I can play Rotational Cricket using all my skills.
- I can apply batting, bowling, and fielding in real matches.
- I can follow the rules of the game.

**EDSTART SHOW**

- I can respect referees, teammates, and opponents.
- I can encourage my group during matches.
- I can celebrate teamwork and effort.