



**Recap: What do we know about JagTag?**

**Lesson 1/6**

# To introduce the quarterback throwing technique in JagTag

## **EDSTART KNOW**

- I can explain how to stand side-on when throwing.
- I can describe why I step towards my target.
- I can understand how to follow through when I release the ball.

## **EDSTART GO**

- I can throw using the correct technique.
- I can pass to teammates in practice and games.
- I can apply throwing in Jags in the Middle

## **EDSTART SHOW**

- I can respect my partner when throwing and catching.
- I can encourage teammates in games.
- I can celebrate effort as well as success.



**Recap: To introduce the quarterback throwing technique in JagTag**

**Lesson 2/6**

# **To introduce the low catching technique in JagTag**

## **EDSTART KNOW**

- I can explain when to use the low catch.
- I can describe how to make a rake with my hands.
- I can understand why I must watch the tip of the ball.

## **EDSTART GO**

- I can perform low catches with control.
- I can catch balls in movement during games.
- I can apply catching in small sided games.

## **EDSTART SHOW**

- I can respect my partner when practising.
- I can encourage others in catching challenges.
- I can celebrate fairness in games.



**Recap: To introduce the low catching technique in JagTag**

**Lesson 3/6**

# **To introduce the medium and high catching technique in JagTag**

## **EDSTART KNOW**

- I can explain when to use a medium or high catch.
- I can describe how to make a diamond with my hands.
- I can understand how to hold my hands away from my body.

## **EDSTART GO**

- I can perform medium and high catches with control.
- I can secure the ball in the Wide Receiver Position.
- I can apply catching in Endzone matches.

## **EDSTART SHOW**

- I can respect my partner in catching games.
- I can encourage others when learning new techniques.
- I can celebrate my teammates' effort



**Recap: To introduce the medium and high catching technique in JagTag**

## **Lesson 4/6**

# **To introduce running with the ball and how to grip the ball in JagTag**

### **EDSTART KNOW**

- I can explain the 5 points of contact when holding the ball.
- I can describe why securing the ball helps me keep possession.
- I can understand when to run with the ball

### **EDSTART GO**

- I can run with the ball using correct grip.
- I can receive handoffs and keep control.
- I can apply running with the ball in small games.

### **EDSTART SHOW**

- I can respect teammates when sharing the ball.
- I can encourage others to keep running.
- I can celebrate effort in games.



**Recap: To introduce running with the ball and how to grip the ball in JagTag**

## **Lesson 5/6**

# **To introduce basic route running in JagTag**

### **EDSTART KNOW**

- I can explain what a route is.
- I can describe the comeback and curl routes.
- I can understand why communication with the QB is important.

### **EDSTART GO**

- I can run basic routes with control.
- I can catch passes while running routes.
- I can apply routes in small sided games.
- 

### **EDSTART SHOW**

- I can respect defenders during practice.
- I can encourage my teammates.
- I can celebrate effort, not just points.



**Recap: To introduce basic route running in JagTag**

**Lesson 6/6**

# **To introduce basic offense vs defense games in JagTag**

## **EDSTART KNOW**

- I can explain the basic rules of Jag Tag matches.
- I can describe how offence and defence are different.
- I can understand how downs work.

## **EDSTART GO**

- I can play 4v4 matches using routes and throws.
- I can attack to score points.
- I can defend fairly to stop opponents.

## **EDSTART SHOW**

- I can respect referees and opponents.
- I can encourage my team in games.
- I can play fairly whether we win or lose.