

Recap: What do we know about rounders?

Lesson 1/6

To introduce and reinforce the underarm throwing and catching technique in rounders

EDSTART KNOW

- I can explain how to throw underarm.
- I can describe why I need to face sideways.
- I can understand how to judge the ball's flight when catching.

EDSTART GO

- I can throw underarm with accuracy.
- I can catch using the correct hand position.
- I can use underarm throwing in small games.

EDSTART SHOW

- I can respect my partner when throwing and catching.
- I can encourage others in throwing games.
- I can celebrate effort fairly.

Recap: To introduce and reinforce the underarm throwing and catching technique in rounders

Lesson 2/6

To introduce and reinforce the overarm throwing and catching technique in rounders

EDSTART KNOW

- I can explain how to throw overarm.
- I can describe how to step with the opposite foot.
- I can understand how to release the ball above my head.

EDSTART GO

- I can throw overarm with power and accuracy.
- I can catch throws using the right technique.
- I can apply overarm throws in team games.

EDSTART SHOW

- I can respect my partner in throwing activities.
- I can encourage others when catching.
- I can celebrate effort in team games.

Recap: To introduce and reinforce the overarm throwing and catching technique in rounders

Lesson 3/6

To introduce and develop a range of fielding techniques in rounders

EDSTART KNOW

- I can explain what the long barrier is.
- I can describe why I need to get in line with the ball.
- I can understand how to return the ball quickly.

EDSTART GO

- I can use the long barrier to stop a rolling ball.
- I can catch and return the ball to a partner.
- I can use fielding skills in small games.

EDSTART SHOW

- I can respect teammates when fielding.
- I can encourage others to use the right technique.
- I can celebrate successful stops.

Recap: What do we know about cricket?

Lesson 4/6

To introduce throwing a cricket ball both underarm and overarm to a partner

EDSTART KNOW

- I can explain how to throw underarm and overarm.
- I can describe how to aim for accuracy.
- I can understand how to hit the stumps.

EDSTART GO

- I can throw underarm and overarm with control.
- I can hit targets like stumps or partners.
- I can use throwing in small sided games.

EDSTART SHOW

- I can respect my group when taking turns.
- I can encourage my partner in target games.
- I can celebrate accuracy fairly.

Recap: To introduce throwing a cricket ball both underarm and overarm to a partner

Lesson 5/6

To introduce fielding the ball in a variety of different ways in cricket

EDSTART KNOW

- I can explain how to use the long barrier.
- I can describe how to position my body behind the ball.
- I can understand where to return the ball.

EDSTART GO

- I can stop the ball using the long barrier.
- I can field and throw accurately to a target.
- I can use fielding in Rotation Cricket.

EDSTART SHOW

- I can respect my teammates in fielding practice.
- I can encourage others to stop the ball.
- I can celebrate team effort.

Recap: To introduce fielding the ball in a variety of different ways in cricket

Lesson 6/6

To introduce bowling the ball overarm towards a batsman in cricket

EDSTART KNOW

- I can explain how to grip the ball when bowling.
- I can describe why my arm must stay straight.
- I can understand how to release the ball at the top.

EDSTART GO

- I can bowl using correct overarm technique.
- I can aim my bowl towards the stumps.
- I can apply bowling in small games.

EDSTART SHOW

- I can respect others when bowling.
- I can encourage my partner in target games.
- I can celebrate effort and fairness.