

# EYFS - Animal Boogie Yoga Knowledge Organiser

MOVING  
**EDSTART**

## EDSTART KNOW

- I know how to find my own space safely.
- I know how to move around without bumping into anyone.
- I know how to go fast, slow, and change direction carefully.

## EDSTART GO

- I can find space and move safely around the room.
- I can run, jump, hop, skip, and dance with my friends.
- I can change speed and direction while staying in control.

## EDSTART SHOW

- I can show how to move safely and carefully in my space.
- I can move in lots of different ways with good balance.
- I can show my friends how to move and stop safely

## Key Vocabulary

**poses, control, tall, small, movement, breathe, strong**



Snake



Lion



Zebra



Leopard



Monkey



Bird



Giraffe



Flamingo



Chimpanzee



Cub



Bee



Parrot