

EDSTART KNOW

- I know how to find my own space safely.
- I know how to move around without bumping into anyone.
- I know how to go fast, slow, and change direction carefully.

EDSTART GO

- I can find space and move safely around the room.
- I can run, jump, hop, skip, and dance with my friends.
- I can change speed and direction while staying in control.

EDSTART SHOW

- I can show how to move safely and carefully in my space.
- I can move in lots of different ways with good balance.
- I can show my friends how to move and stop safely

Key Vocabulary

poses, control, tall, small,
movement, breathe, strong



Snake



Lion



Zebra



Leopard



Monkey



Bird



Giraffe



Flamingo



Chimpanzee



Cub



Bee



Parrot