

EDSTART KNOW

- I know how to move my body to the beat of the music.
- I know different ways to move like rolling, jumping, and skipping.
- I know how to move safely when dancing with my friends.

EDSTART GO

- I can roll, crawl, walk, run, hop, skip, and climb to music.
- I can move my body to match the rhythm and tempo.
- I can join in with others and keep moving safely.

EDSTART SHOW

- I can show different movements that match the music.
- I can move with control, energy, and rhythm.
- I can show my friends how to dance and move safely.

Key Vocabulary

slithering, shuffling, rolling, crawling, walking, running, jumping, skipping, sliding, hopping, turning, shapes, moving, movement, patterns

