

COMPETING EDSTART

Year 3 - Intro to Invasion Games Handball & Netball - Unit of Work

Pupils will be taught...

Overall Learning Outcomes (Endpoints)

Children can:

- Combine moving with controlled passing during game-based activities
- Attempt to shoot at goal when in a suitable position
- Raise their arms to block passes and make it harder for opponents to play the ball
- Stay light on their toes, ready to move in any direction to defend
- Be introduced to the basic rules of handball (three steps, no contact, goal area rules)
- Play small-sided handball games and follow the key rules
- Know to position their body between the attacker and the goal when defending
- Keep a low, balanced defensive stance in line with the attacker
- Move into space to receive passes and support teammates

Learning Objective

Learning Outcomes

1 To introduce passing and move in handball

Children can:

- Combine the skills of moving and passing
- Attempt to shoot in a game situation
- Apply their throwing and catching skills when taking part in small games

2 To introduce the skill of defending in handball

Children can:

- Stand with their feet apart and knees slightly bent
- Know to raise their arms above their head or out to the sides, to make it difficult for your opponent to pass
- Understand to be on their toes and ready to move with the opponent in any direction

3 To introduce modified, small-sided games of handball

Children can:

- Be introduced to the basic rules of handball
- Play and follow the rules of handball
- Understand how tactics can be used to help win games

4 To keep the ball under gentle pressure and make safe passing decisions in Netball

Children can:

- Keep the ball using small touches and good awareness.
- Move into space after passing.
- Work with my partner/team to keep possession.

5 To use simple attacking and defending movements.

Children can:

- Move into space when attacking.
- Use safe body positioning when defending.
- Make simple, helpful decisions in small games.

6 To follow basic rules and play small netball-style games.

Children can:

- Follow the rules by stopping their feet when catching.
- Pass accurately and move into space to help their team.
- Work fairly and respectfully during all activities.

Assessment Mark

Requirements

Working Towards

- Struggles to move and pass at the same time; needs support to stay in control.
- Attempts to shoot but often off-balance or unsure when to shoot.
- Needs reminders to raise arms or track their opponent when defending.
- Finds it difficult to follow basic handball rules in small games.

On Target

- Can move and pass with growing control during simple activities.
- Attempts shots on goal when close and balanced.
- Raises arms to block passes and stays light on their toes when defending.
- Follows the basic rules of handball in small games with occasional reminders.

Above Target

- Moves into space confidently and passes accurately on the move.
- Shoots with control and makes good decisions about when to attempt a shot.
- Defends well by blocking passes and staying between attacker and goal.
- Applies handball rules consistently during game play.

Excelling

- Combines movement, passing, and teamwork to create attacking opportunities.
- Shoots accurately under pressure and supports others to score.
- Reads the game well, anticipating movements and defending proactively.
- Plays fluently within all handball rules and helps others understand them.

To be **ON TARGET**, pupils must achieve all bullet points from **WORKING TOWARDS** and at least 3 bullet points from **ON TARGET**.

To be working **ABOVE TARGET**, pupils must achieve all points from **WORKING TOWARDS** and **ON TARGET** as well as at least 3 bullet points from **ABOVE TARGET**.

To achieve **EXCELLING**, pupils must achieve all bullet points from **WORKING TOWARDS**, **ON TARGET** and **ABOVE TARGET** as well as at least 3 bullet points from **EXCELLING**.