

# Year 3 - Intro to Invasion Games (Handball & Netball) Knowledge Organiser

PLAYING  
**EDSTART**  
COMPETING  
**EDSTART**

## EDSTART KNOW

- I can explain that good positioning helps me to intercept, control, or catch the ball.
- I can describe how to move safely when using my hands to control the ball.
- I can explain that communication and awareness help my team in both attack and defence.

## EDSTART GO

- I can watch and judge where the ball will move and react quickly to it.
- I can position my body to intercept, control, or stop the ball safely in handball and Netball.
- I can move into space to support my teammates and help my team keep possession.

## EDSTART SHOW

- I can use my positioning, control, and teamwork effectively in small-sided games.
- I can play fairly, following the key rules for handball and netball.
- I can show determination, respect, and enjoyment when competing in both sports.

## Key Vocabulary

**throw, catch, aim,**  
**intercept, teamwork,**  
**movement, attack,**  
**defend**

## Role Models



**Paige Schofield -**  
**GB Handball Player**



**Caroline O'Hanlon -**  
**Irish Netball Player**

## What do we know about Invasion Games?

Handball and netball are fast, exciting team games. Handball is played by passing and catching a ball while moving to score in a goal. Netball involves passing, pivoting, and shooting a ball into a high hoop without running with the ball. Both games improve coordination, agility, and teamwork. They help children learn how to move into space, share the ball, and celebrate success together.

## In Year 2 we learnt

- **to use their bodies to protect the ball against the defender.**
- **to dodge a defender using a variety of different techniques.**