

Year 3 - Intro to Invasion Games (Handball & Netball) Knowledge Organiser

PLAYING
EDSTART
COMPETING
EDSTART

EDSTART KNOW

- I can explain that good positioning helps me to intercept, control, or catch the ball.
- I can describe how to move safely when using my hands to control the ball.
- I can explain that communication and awareness help my team in both attack and defence.

EDSTART GO

- I can watch and judge where the ball will move and react quickly to it.
- I can position my body to intercept, control, or stop the ball safely in handball and Netball.
- I can move into space to support my teammates and help my team keep possession.

EDSTART SHOW

- I can use my positioning, control, and teamwork effectively in small-sided games.
- I can play fairly, following the key rules for handball and netball.
- I can show determination, respect, and enjoyment when competing in both sports.

Key Vocabulary

**throw, catch, aim,
intercept, teamwork,
movement, attack,
defend**

Role Models



**Paige Schofield -
GB Handball Player**



**Caroline O'Hanlon -
Irish Netball Player**

What do we know about Invasion Games?

Handball and netball are fast, exciting team games. Handball is played by passing and catching a ball while moving to score in a goal. Netball involves passing, pivoting, and shooting a ball into a high hoop without running with the ball. Both games improve coordination, agility, and teamwork. They help children learn how to move into space, share the ball, and celebrate success together.

In Year 2 we learnt

- to use their bodies to protect the ball against the defender.
- to dodge a defender using a variety of different techniques.