

# PLAYING EDSTART

## Year 3 - Intro to Invasion Games Handball & Netball - Unit of Work

Pupils will be taught...

### Overall Learning Outcomes (Endpoints)

#### Children can:

- Grip, handle, and control a ball confidently using one or two hands while moving.
- Move the ball between hands smoothly and maintain control during travelling movements.
- Pass and catch using correct technique, showing ready hands and secure two-handed control.
- Apply handball and netball footwork rules by landing safely before passing or shooting.
- Move into clear space, communicate effectively, and stay available to support teammates.
- Perform chest passes, bounce passes, and handball passes accurately to moving teammates.
- Shoot towards a target with developing power, accuracy, and confidence, including early jump-shot attempts.
- Link movement, catching, and passing smoothly to create flowing sequences in small-sided games.

# Year 3 - Intro to Invasion Games

## Handball & Netball - Unit of Work

PLAYING  
**EDSTART**

### Learning Objective

### Learning Outcomes

**1 To introduce the technique of handling and controlling the ball in Handball..**

**Children can:**

- to grip a handball in one hand.
- control the ball in handball whilst moving.
- move the ball between their hands with some control.

**2 To introduce the technique of passing and controlling the ball in Handball.**

**Children can:**

- can pass and catch the ball in handball.
- take no more than 3 steps and pass the ball in handball.
- catch a ball with their fingers spread wide.

**3 To introduce the technique of shooting in Handball.**

**Children can:**

- shoot with varying accuracy and success at a target.
- shoot with relative power and varying success at a target.
- start to shoot the ball whilst jumping in the air.

**4 To catch the ball with two hands and land safely before passing in Netball.**

**Children can:**

- show ready hands by holding their arms out and preparing to receive the ball before it arrives.
- catch with two hands securely, bringing the ball into their body to stay in control.
- land safely before passing to keep their balance and follow the correct handball footwork rules.

**5 To move into space to receive a pass in Netball.**

**Children can:**

- move into clear space to stay ready for every pass.
- call for the ball confidently so teammates know their intentions.
- use chest and bounce passes accurately during different activities.
- work successfully with a partner to pass, move, and support.

**6 To link movement, catching and passing in Netball.**

**Children can:**

- move then stop safely before catching with good control.
- pass accurately to teammates who are moving into new spaces.
- link three to four movements smoothly in passing activities.

### Assessment Mark      Requirements

#### Working Towards

- Shows some control when handling or catching but often loses balance or technique.
- Struggles to move into space or link movement, catching, and passing smoothly.
- Passing and shooting accuracy is inconsistent and often needs reminders or support.
- Needs guidance to follow footwork rules and maintain control while travelling.

#### On Target

- Handles, catches, and passes with growing consistency using basic correct technique.
- Moves into space when prompted and can link 2-3 actions together.
- Passes and shoots with reasonable accuracy in simple or unopposed situations.
- Applies footwork rules correctly most of the time with occasional reminders.

#### Above Target

- Controls the ball confidently while moving and shows reliable passing technique.
- Moves into space independently and links 3-4 actions with smooth transitions.
- Passes and shoots accurately during small-sided games, making good decisions.
- Uses footwork rules effectively, maintaining balance when landing or pivoting.

#### Excelling

- Demonstrates excellent control, technique, and timing when passing, catching, and shooting.
- Reads the game early, finds space quickly, and links actions fluently under pressure.
- Passes and shoots with consistent accuracy in game situations, including while moving.
- Uses advanced footwork confidently, pivoting efficiently and supporting teammates with strong communication.

To be **ON TARGET**, pupils must achieve all bullet points from **WORKING TOWARDS** and at least 3 bullet points from **ON TARGET**.

To be working **ABOVE TARGET**, pupils must achieve all points from **WORKING TOWARDS** and **ON TARGET** as well as at least 3 bullet points from **ABOVE TARGET**.

To achieve **EXCELLING**, pupils must achieve all bullet points from **WORKING TOWARDS**, **ON TARGET** and **ABOVE TARGET** as well as at least 3 bullet points from **EXCELLING**.