

Year 3 - Sports from Around the World

Lacrosse, Cornhole & Table Tennis

- Knowledge Organiser

MOVING
EDSTART

EDSTART KNOW

- I can use different equipment safely and with growing control.
- I can carry, scoop, aim or rally depending on the activity.
- I can watch my attempts and try to improve my technique each time.

EDSTART GO

- I can follow simple rules and take turns in partner and small-group games.
- I can choose the right movement or action to help me play successfully.
- I can stay balanced, focused and ready when playing any of the activities.

EDSTART SHOW

- I can encourage others, show respect and play fairly in every game.
- I can stay positive, even when something feels challenging.
- I can celebrate effort — mine and my partner's and be proud of my progress.

Key Vocabulary

carry, scoop, aim,
underarm throw,
rally, serve, target,
control, balance,
teamwork, accuracy

Role Models



Lyle Thompson -
USA Lacrosse Player



Matt Guy -
USA Cornhole Player

What do we know about Sports from Around the World?

Lacrosse was first created by Native American communities in North America, where it was played as an important cultural, spiritual and team-building activity. The game was often used to bring communities together and develop strength, speed and cooperation. Today, Lacrosse is most popular in the United States and Canada, where many schools, universities and clubs play it competitively, and young players develop their skills from an early age. Cornhole began in the United States as a simple outdoor throwing game enjoyed at fairs, picnics and family gatherings. It continues to be most popular in the USA, where people of all ages play it socially, in back gardens, at festivals, and even in organised leagues. Table Tennis began in England in the late 1800s as an indoor version of tennis played on a table using simple household items. Over time, it developed into a fast, skilful sport. It has grown into a worldwide activity and is especially popular in China, Japan and South Korea, where many of the world's top players train, compete and inspire new generations of athletes.