

ROUNDERS

EDSTART
PE CURRICULUM

KEY RULES

Game Basics: Rounders is played between two teams who take turns batting and fielding. The aim is to hit the ball and run around the posts to score rounders while the fielding team tries to get batters out. Games can be played with 6–9 players per team in primary formats.

Batting and Scoring: The bowler bowls the ball underarm to the batter, who stands side-on with their bat ready to swing. The ball must be bowled between the batter's knees and shoulders. A full rounder is scored if the batter reaches fourth post in one hit, while reaching second or third post scores half a rounder.

Fielding and Getting Out: Fielders work together to return the ball to the bowler or touch the post the batter is running to before they arrive. A batter is out if the ball is caught before it hits the ground, if the post is stumped before they reach it, or if they run outside the post line.

No Balls and Fouls: A no ball is called if the delivery is too high, too low, or wide of the batter, or if the bowler steps outside the bowling square. The batter must stay within their box when hitting. If the ball is hit backward, the batter must stop at first base until the ball is returned into play.

Fair Play and Safety: Players must take turns fairly, support teammates, and show respect for opponents and umpires. Fielders should communicate clearly to avoid collisions. Equipment such as bats and balls should be checked before play, and safe distances always maintained between players.

NATIONAL GOVERNING BODY (NGB)

Rounders England: Responsible for promoting, developing, and regulating rounders across England.

Scottish Rounders Association: Supports rounders participation and school development in Scotland.

Welsh Rounders Association: Oversees community and school rounders across Wales.

Rounders Northern Ireland: Develops and manages rounders programmes across Northern Ireland.

USEFUL LINKS

Rounders England: roundersengland.co.uk/

Scottish Rounders Association: roundersscotland.com

Welsh Rounders Association: welshrounders.co.uk

Rounders Northern Ireland: roundersni.co.uk

World Rounders Federation: worldrounders.org

Your School Games Rounders: yourschoolgames.com/taking-part/our-sports/rounders