

Lesson 1/6

To be able to explore simple tagging and movement skills in Kabaddi.

EDSTART KNOW

- I can explain the difference between a raider and a defender.
- I can describe where the playing boundaries are.
- I can explain why quick movement is important in Kabaddi.

EDSTART GO

- I can travel with balance and quick changes of direction.
- I can tag others safely within the boundaries.
- I can dodge, stop, and accelerate when playing Kabaddi.

EDSTART SHOW

- I can play safely and follow the rules.
- I can show teamwork as a raider or defender.
- I can show respect to opponents and teammates.

Recap: To be able to explore simple tagging and movement skills in Kabaddi.

Lesson 2/6

To be able to work as a team to defend and attack zones in Kabaddi games.

EDSTART KNOW

- I can explain how teams work together when attacking and defending.
- I can describe why communication is important in Kabaddi.
- I can explain one simple rule of Kabaddi.

EDSTART GO

- I can cooperate with my teammates during raids.
- I can communicate when defending my space.
- I can move into space to help defend or support an attack.

EDSTART SHOW

- I can work as part of a team.
- I can follow the rules fairly.
- I can show respect to teammates and opponents.

Recap: To be able to work as a team to defend and attack zones in Kabaddi games.

Lesson 3/6

To be able to strike a ball using control and timing in Spikeball.

EDSTART KNOW

- I can explain how to use an underarm hit in Spikeball.
- I can describe why timing is important when striking the ball.
- I can explain how to work with a partner to keep a rally going.

EDSTART GO

- I can use an underarm hit to strike the ball into the net.
- I can react quickly to the rebound and return the ball.
- I can work with a partner to keep a short rally going.

EDSTART SHOW

- I can communicate with my partner during play.
- I can show patience and control when rallying.
- I can encourage my partner and show teamwork.

Year 4 -Sports from Around the World - Kabaddi, Spikeball & Table Tennis Success Criteria

PLAYING
EDSTART

Recap: To be able to strike a ball using control and timing in Spikeball.

Lesson 4/6

To be able to serve and score points in a mini game in Spikeball.

EDSTART KNOW

- I can explain how to serve accurately in Spikeball.
- I can describe how points are scored in a mini game.
- I can explain why players rotate roles during the game.

EDSTART GO

- I can serve accurately to start a rally.
- I can rotate roles correctly and follow the scoring rules.
- I can strike the ball with control during a mini game.

EDSTART SHOW

- I can celebrate good team play positively.
- I can show fairness when winning or losing.
- I can encourage my teammates and show good sportsmanship.

Recap: To be able to serve and score points in a mini game in Spikeball.

Lesson 5/6

To be able to understand the roles of batter, runner and fielder in Danish Long Ball.

EDSTART KNOW

- I can explain the roles of a batter, runner, and fielder.
- I can describe what it means to be “safe” at a base.
- I can explain why fielders return the ball quickly to stop runners.

EDSTART GO

- I can hit a ball safely with control as a batter.
- I can run between bases when I am called safe.
- I can collect and return the ball quickly as a fielder.

EDSTART SHOW

- I can play fairly by following the rules in each role.
- I can work as part of a team when batting, running, and fielding.
- I can show respect to all players regardless of the role I am in.

Year 4 -Sports from Around the World - Kabaddi, Spikeball & Table Tennis Success Criteria

PLAYING
EDSTART

Recap: To be able to understand the roles of batter, runner and fielder in Danish Long Ball.

Lesson 6/6

**To be able to apply
basic rules in a
mini Longball game.**

EDSTART KNOW

- I can explain the basic scoring rules in a mini Longball game.
- I can describe how rotation between batting and fielding works.
- I can explain what each role does during the game.

EDSTART GO

- I can follow the scoring and rotation rules during the game.
- I can field and bat with a clear understanding of my role.
- I can move into position quickly when roles change.

EDSTART SHOW

- I can respect the decisions made in the game.
- I can support my teammates with positive behaviour.
- I can play fairly and show good sportsmanship throughout.