

**Lesson 1/6**

# **To be able to explore simple tagging and movement skills in Kabaddi.**

## **EDSTART KNOW**

- I can explain the difference between a raider and a defender.
- I can describe where the playing boundaries are.
- I can explain why quick movement is important in Kabaddi.

## **EDSTART GO**

- I can travel with balance and quick changes of direction.
- I can tag others safely within the boundaries.
- I can dodge, stop, and accelerate when playing Kabaddi.

## **EDSTART SHOW**

- I can play safely and follow the rules.
- I can show teamwork as a raider or defender.
- I can show respect to opponents and teammates.

# **Year 4 -Sports from Around the World -**

## **Kabaddi, Spikeball & Table Tennis**

### **Success Criteria**

**PLAYING**  
**EDSTART**

**Recap: To be able to explore simple tagging and movement skills in Kabaddi.**

## **Lesson 2/6**

# **To be able to work as a team to defend and attack zones**

## **in Kabaddi games.**

### **EDSTART KNOW**

- **I can explain how teams work together when attacking and defending.**
- **I can describe why communication is important in Kabaddi.**
- **I can explain one simple rule of Kabaddi.**

### **EDSTART GO**

- **I can cooperate with my teammates during raids.**
- **I can communicate when defending my space.**
- **I can move into space to help defend or support an attack.**

### **EDSTART SHOW**

- **I can work as part of a team.**
- **I can follow the rules fairly.**
- **I can show respect to teammates and opponents.**

# **Year 4 -Sports from Around the World -**

## **Kabaddi, Spikeball & Table Tennis**

### **Success Criteria**

**PLAYING**  
**EDSTART**

**Recap: To be able to work as a team to defend and attack zones in Kabaddi games.**

## **Lesson 3/6**

# **To be able to strike a ball using control and timing in Spikeball.**

### **EDSTART KNOW**

- **I can explain how to use an underarm hit in Spikeball.**
- **I can describe why timing is important when striking the ball.**
- **I can explain how to work with a partner to keep a rally going.**

### **EDSTART GO**

- **I can use an underarm hit to strike the ball into the net.**
- **I can react quickly to the rebound and return the ball.**
- **I can work with a partner to keep a short rally going.**

### **EDSTART SHOW**

- **I can communicate with my partner during play.**
- **I can show patience and control when rallying.**
- **I can encourage my partner and show teamwork.**

# **Year 4 -Sports from Around the World -**

## **Kabaddi, Spikeball & Table Tennis**

### **Success Criteria**

**PLAYING**  
**EDSTART**

**Recap: To be able to strike a ball using control and timing in Spikeball.**

## **Lesson 4/6**

# **To be able to serve and score points in a mini game in Spikeball.**

### **EDSTART KNOW**

- I can explain how to serve accurately in Spikeball.
- I can describe how points are scored in a mini game.
- I can explain why players rotate roles during the game.

### **EDSTART GO**

- I can serve accurately to start a rally.
- I can rotate roles correctly and follow the scoring rules.
- I can strike the ball with control during a mini game.

### **EDSTART SHOW**

- I can celebrate good team play positively.
- I can show fairness when winning or losing.
- I can encourage my teammates and show good sportsmanship.

# **Year 4 -Sports from Around the World -**

## **Kabaddi, Spikeball & Table Tennis**

### **Success Criteria**

**PLAYING**  
**EDSTART**

**Recap: To be able to serve and score points in a mini game in Spikeball.**

## **Lesson 5/6**

# **To be able to understand the roles of batter, runner and fielder in Danish Long Ball.**

### **EDSTART KNOW**

- **I can explain the roles of a batter, runner, and fielder.**
- **I can describe what it means to be “safe” at a base.**
- **I can explain why fielders return the ball quickly to stop runners.**

### **EDSTART GO**

- **I can hit a ball safely with control as a batter.**
- **I can run between bases when I am called safe.**
- **I can collect and return the ball quickly as a fielder.**

### **EDSTART SHOW**

- **I can play fairly by following the rules in each role.**
- **I can work as part of a team when batting, running, and fielding.**
- **I can show respect to all players regardless of the role I am in.**

# **Year 4 -Sports from Around the World -**

## **Kabaddi, Spikeball & Table Tennis**

### **Success Criteria**

**PLAYING**  
**EDSTART**

**Recap: To be able to understand the roles of batter, runner and fielder in Danish Long Ball.**

## **Lesson 6/6**

# **To be able to apply basic rules in a mini Longball game.**

### **EDSTART KNOW**

- **I can explain the basic scoring rules in a mini Longball game.**
- **I can describe how rotation between batting and fielding works.**
- **I can explain what each role does during the game.**

### **EDSTART GO**

- **I can follow the scoring and rotation rules during the game.**
- **I can field and bat with a clear understanding of my role.**
- **I can move into position quickly when roles change.**

### **EDSTART SHOW**

- **I can respect the decisions made in the game.**
- **I can support my teammates with positive behaviour.**
- **I can play fairly and show good sportsmanship throughout.**