PLAYING EDSTART

Year 4 - Developement of Invasion Games
Handball & Netball - Unit of Work

Pupils will be taught...

Overall Learning Outcomes (Endpoints)

Children can:

- Pass the ball accurately using correct hand position and stepping forward technique.
- Catch the ball safely using strong 'W' shaped hands for control.
- Move with the ball using controlled footwork and balanced body position.
- Pass and receive the ball while moving within three steps under control.
- Shoot on the move with accuracy using correct body position.
- Land safely on one foot and maintain balance after receiving the ball.
- Pivot under control to protect the ball and find a passing option.
- Change speed and direction to dodge defenders and receive successfully.

Learning Objective | Learning Outcomes

1 To develop the technique of passing and receiving the ball in Handball.

Children can:
- move the ball around their body and catch it with control.
- develop the technique of catching a ball making the 'W' shape.
- step forward with one foot when making a pass.

2 To develop the footwork needed in handball..

Children can:
- complete agility drills using elements of the correct technique and demonstrating some control, balance, and coordination.
- bounce the ball whilst on the move and pass with some control.
- pass and receive the ball whilst on the move and taking no more than 3 steps.

3 To develop the technique of shooting whilst on the move in handball.

Children can:
- attempt to shoot while on the move with some accuracy.
- shoot with accuracy and power successfully at a target.
- release the ball at the highest point whilst aiming at a target.

4 To develop accurate passing and safe receiving using correct body position in Netball.

Children can:
- Step into a chest pass using correct hand and foot position.
- Show clear target hands and cushion the ball when receiving.
- Pass accurately to a partner over short distances.

5 To use safe landing, controlled footwork, and effective pivots to keep possession in Netball..

Children can:
- Land safely on one foot and balance under control.
- Pivot to protect the ball and find a passing option.
- Keep one foot grounded while changing body direction.

6 To use changes of speed and direction to dodge a defender and receive the ball in Netball..

Children can:
- Change speed to lose a defender.
- Use sharp direction changes to get into space.
- Time their movement to receive a pass successfully.

Assessment Mark	Requirements
Working Towards	• Passing lacks accuracy and correct technique is used inconsistently. • Catching is unsafe or inconsistent, with limited use of 'W' hands. • Movement with the ball shows limited balance, control, and coordination. • Struggles to land safely, pivot, or change direction under pressure.
On Target	• Passes with basic accuracy using correct stepping and hand position. • Catches safely using 'W' hands most of the time. • Moves with the ball using controlled footwork within three steps. • Lands safely and pivots with guidance to maintain possession.
Above Target	• Passes accurately and consistently while moving at speed. • Catches securely under pressure using correct receiving technique. • Changes direction and speed effectively to move into space. • Lands safely and pivots confidently to protect the ball in play.
Excelling	• Passes with speed, accuracy, and excellent decision-making under pressure. • Demonstrates fluent catching technique in all game situations. • Uses advanced dodging, timing, and footwork to create space consistently. • Maintains possession through excellent landing, pivoting, and spatial awareness.

To be **ON TARGET**, pupils must achieve all bullet points from **WORKING TOWARDS** and at least 3 bullet points from **ON TARGET**.

To be working **ABOVE TARGET**, pupils must achieve all points from **WORKING TOWARDS** and **ON TARGET** as well as at least 3 bullet points from **ABOVE TARGET**.

To achieve **EXCELLING**, pupils must achieve all bullet points from **WORKING TOWARDS**, **ON TARGET** and **ABOVE TARGET** as well as at least 3 bullet points from **EXCELLING**.