

Outdoor Adventurous Activities Knowledge Organiser

COMPETING
EDSTART

EDSTART KNOW

- I can explain how to use a map and compass to find my way.
- I can describe how to follow clues safely to reach a location.
- I can understand why teamwork, listening, and planning are important when orienteering.

EDSTART GO

- I can use clues and symbols on a map to navigate a route.
- I can follow a map into an unknown area safely and confidently.
- I can work with my team to choose the best route and find checkpoints.

EDSTART SHOW

- I can demonstrate confidence and focus when following a map or compass.
- I can communicate clearly with my group to solve problems and complete a challenge.
- I can show resilience and teamwork when exploring and navigating new areas

Key Vocabulary

map, compass, navigate, teamwork, route, direction, problem-solving, challenge

What do we know about OAA?

- OAA is part of the primary PE curriculum. In KS2, children should take part in outdoor and adventurous activity challenges, both individually and as part of a team
- Orienteering is a type of outdoor adventurous activity; it is an outdoor adventure sport involving running or walking, while navigating around a course using a map

<https://www.britishorienteering.org.uk/>

