

Outdoor Adventurous Activities Knowledge Organiser

PLAYING
EDSTART

EDSTART KNOW

- I can explain how to use a map and follow a route safely.
- I can describe how to work as part of a team to solve challenges in unfamiliar environments.
- I can understand why communication and planning are important when following directions.

EDSTART GO

- I can follow a route using a map and complete it within a time limit.
- I can confidently solve problems and challenges in new or unfamiliar places.
- I can follow instructions and navigate safely to an unknown location.

EDSTART SHOW

- I can show confidence and teamwork when exploring and problem-solving outdoors.
- I can demonstrate perseverance and adaptability when facing new challenges.
- I can reflect on my performance and explain how I could improve next time.

What do we know about OAA?

OAA stands for Outdoor Adventurous Activities.

OAA usually takes place outdoors and involves:

- Physical activity
- Adventure and challenge
- Problem solving activities
- Teamwork
- Orienteering - an outdoor adventure sport involving running or walking while navigating around a course using a map

Key Vocabulary

map, compass, navigate, teamwork, direction, route, problem-solving, challenge

